

**Southern Seven Health Department/
Head Start/Early Head Start
COMMUNITY RESOURCE DIRECTORY
2020**



**SERVING THE COUNTIES OF
ALEXANDER – HARDIN – JOHNSON – MASSAC – POPE
PULASKI - UNION**

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COMMUNITY RESOURCE DIRECTORY

**Southern Seven Health Department/
Head Start/Early Head Start
37 Rustic Campus Drive
Ullin, IL 62992
634-9340**

Dear Parent:

This directory was prepared by the Parent Coordinators of the Southern Seven Health Department/Head Start/Early Head Start Program to assist Head Start Families in the southern counties of Illinois (Alexander, Hardin, Johnson, Massac, Pope, Pulaski and Union). It is a listing of services available to you within your county and adjoining counties. Please take a few moments to read through the directory. You might be surprised to find that some agencies offer services other than those their names imply. A copy of this directory will be distributed to each parent and made available for other agencies upon request.

Information in this directory has been updated prior to the time of publication. We hope this booklet will be of use to you. If further information or assistance is needed, please feel free to contact the Head Start Administrative Office at 634-9340, our toll free number is 1-800-698-4820 or the Head Start Center in your area.

Space has been provided below to list local emergency telephone numbers.

FIRE: _____

POLICE: _____

AMBULANCE: _____

HOSPITAL: _____

DOCTOR: _____

POISON CONTROL CENTER: _____

OTHER: _____

SOUTHERN SEVEN HEALTH DEPARTMENT

The mission of Southern Seven Health Department is “To promote a safe and healthy environment by providing preventive health care, family support services and child development services.” The Southern Seven Health Department serves the residents of the southern-most seven counties in the State of Illinois. Services provided are designed to prevent disease and disability, promote health, and maintain a healthful environment. Approximately 200 staff is employed by the Board of Health. The Board of Health is composed of twenty-eight members, four from each of the seven counties, appointed by the county’s Board of Commissioners. The Board of Health is the administrative authority for the Health Department. Southern Seven Health Department is divided into two major divisions, Public Health and Head Start.

HEALTH DEPARTMENT DIVISION

Public Health Services

Maternal And Child Health/Clinical Services: Communicable Disease Control; Immunizations; Infant/Child Health; Maternal/Women’s Health Case Management; Chronic Disease; Women, Infant and Children (WIC) Program; Nutrition Counseling; and Diet Management.

Social Services: Family Life Education (FLE); Teen Pregnancy Prevention Program (TPPP); Personal Responsibility Education Program (PREP); and Parent/Child Education.

Environmental Health: Restaurant/Food Service/Grocery Sanitation Inspections; Private Sewage Inspections; Private Water Supply Inspection and Testing; Solid Waste and Nuisance Control; and Safety/Risk Management Activities.

Administration/Business Management: Fiscal accounting control and responsibility for the department’s sources of funding. Maintains integrity of policy and procedures established by the Board of Health, Administrator and provides support for operation.

HEAD START DIVISION

Head Start Services

The Southern Seven Head Start Program is federally funded for children ages 0-5. The Traditional Head Start Program is for children 3-5 years of age. An Education Program is provided to help prepare children for transition into Kindergarten. Health Screenings are provided as well as 2/3 of the nutrients a child needs each day.

The Early Head Start Program is specially designed to meet the unique developmental needs of children between the ages of birth to 36 months. A Home Based Option is also available which provides an educational experience to the children and families during weekly visits. Twice per month a special day will be held at the center for all the parents and children.

Unless otherwise stated, the area code is (618) for all numbers listed in this directory.

HEALTH DEPARTMENT AND HEAD START LOCATIONS

Please contact your local Health Department or Head Start for days and hours of operation.

Administration Office

37 Rustic Campus Drive
Ullin, IL 62992
Phone 634-2297
Fax 634-9394

Alexander County

Health Department
Open Monday's, Tuesday's & Wednesday's
3014 Elm Street
Cairo, IL 62914
Phone 734-4167
Fax 734-3923

Cairo Early Learning Center
4115 Sycamore Street, Bldg. B
Cairo, IL 62914
Phone 734-4220
Fax 734-1985

Egyptian Early Learning Center
(located in Egyptian Elem. School)
20023 Diswood Road
Tamms, IL 62988
Phone 776-5756
Fax 776-5758

Hardin County

Health Department
Open Wednesday's Only
Highway 146, Building 2
P.O. Box 177
Elizabethtown, IL 62931
Phone 285-6215
Fax 285-6218

Hardin County Early Learning Center
(located in Hardin Co. Elementary School)
4 School Road
P.O. Box 313
Elizabethtown, IL 62931
Phone 287-9098
Fax 287-9099

Johnson County

Health Department
Open Tuesday's, Thursday's & Friday's
515 ½ East Vine Street
Vienna, IL 62995
Phone 658-5011
Fax 658-2547

Vienna Early Learning Center
513 East Vine Street
Vienna, IL 62995
Phone 658-9229
Fax 658-6064

Massac County

Health Department
Open Monday's, Tuesday's, Thursday's & Friday's
1230 Commercial Park Road
P.O. Box 883
Metropolis, IL 62960
Phone 524-2212
Fax 524-2900

Metropolis Early Learning Center
416 East Ninth Street
Metropolis, IL 62960
Phone 524-5222
Fax 524-5322

Pope County

Health Department
Open Wednesday Morning's Only – Call Massac
County Clinic to schedule appointments.
205 Main Street
Golconda, IL 62938
Phone/Fax – See Massac County

Pope County Early Learning Center
(located in Pope County Elem. School)
125 State Highway 146 West
Golconda, IL 62938
Phone 683-2142
Fax 683-2148

Pulaski County

Health Department
Open Wednesday's & Thursday's
37 Rustic Campus Drive
Ullin, IL 62992
Phone634-9405
Fax634-2656

Mounds Early Learning Center
327 N. Reader Street
P.O. Box 476
Mounds, IL 62964
Phone745-6703
Fax745-9418

Union County

Health Department
Open Monday through Friday
260 Lick Creek Road
Anna, IL 62906
Phone833-8561
Fax833-6393

Anna Early Learning Center
Barnes Hall
1000 North Main Street
Anna, IL 62906
Phone833-8932
Fax833-5845

Cobden Early Learning Center
(Located in Cobden Elem. School)
413 North Appleknocker Drive
Cobden, IL 62920
Phone614-2350

Dongola Early Learning Center
(Located in Dongola Elem. School)
1000 High Street
Dongola, IL 62926
Phone697-3254

Jonesboro Early Learning Center
(Located in Jonesboro Elem. School)
309 Cook Avenue
Jonesboro, IL 62952
Phone697-0171

For more information or to enroll your child,
please call any Head Start Center listed above or
the Administration Office at 1-800-698-4820.

EMERGENCY NUMBERS

State Police Headquarters – Ullin, IL

Emergency 845-3737
Non-Emergency..... 845-3740

Child Abuse/Neglect Hotline..... 1-800-252-2873
Alcohol/Drug Abuse Hotline 1-800-684-6303
Missing/Runaway Children 1-800-232-5373
Poison Control Center 1-800-942-5969
Stop Smoking Hotline 1-800-422-6237
Rape/Assault Hotline 1-800-656-4673
Domestic Violence Hotline 1-800-799-7233
TTY 1-800-787-3224
Spanish..... 1-800-942-6908
Parent Help Hotline 1-800-840-6537
Suicide Prevention..... 1-800-273-8255

Alexander County

Sheriff 734-2141
First Response for Emergency 734-2131
IL. State Police Emergency 845-3737
IL. State Police Non-Emergency 845-3740

Fire

Cairo 734-2121
Tamms..... 747-2141
Thebes..... 764-2231

Police

Cairo 734-2131 or 911
Tamms..... 747-2326 or 734-2141
Tamms Emergency Dispatch 747-2321
Thebes..... 734-2141

Hardin County

Ambulance Service.....285-6622; 285-6634 or 911
Sheriff 287-2271

Fire

Cave-In-Rock..... 289-3220
Elizabethtown 287-2011
Rosiclare..... 285-6800 or 911

Johnson County

Ambulance Service..... 658-2131
Sheriff 658-8264
Emergency Service911

Fire

Cypress Emergency 658-8264
Cypress Non-Emergency 657-2906
Goreville Emergency911
Goreville Non-Emergency 658-8264
Vienna Emergency911
Vienna Non-Emergency 658-2341

Police

Cypress Emergency 658-8264
Cypress Non-Emergency 657-2906
Goreville 995-2157
Vienna 658-8264

Massac County

All Emergencies Fire and Police 911
Massac Memorial Ambulance Service 524-2176
Sheriff 524-2912
Civil Defense Unit..... 524-2002

Fire

Brookport Non-Emergency..... 564-2351
Joppa Non-Emergency 543-7320
Metropolis Non-Emergency..... 524-2121
Massac County 524-3200

Police

Brookport Non-Emergency..... 564-2351
Joppa Non-Emergency 524-2912
Metropolis Non-Emergency..... 524-2310

Pope County

Ambulance Service 911
Emergency Service & Disaster Agency .. 683-5541
Sheriff 683-4321
Fire 253-3737
Fire Non-Emergency 949-3789

Pulaski County

Emergency 911
Ambulance Service Business Office 342-6209
Sheriff 748-9374; 748-9124

Fire

Grand Chain 748-9124
Karnak 634-2223
Mound City 748-9221
Mounds..... 911
Olmsted 748-9212
Ullin Emergency 911
Ullin City Hall Non-Emergency..... 845-3612

Police

Grand Chain 748-9374
Karnak City Hall 634-9311
Mound City 748-9226
Mounds..... 745-9426
Olmsted 748-9124

Union County

All Emergencies Fire & Police..... 911
Ambulance Dispatch 833-5500
Hospital 833-4511; 833-5155
Sheriff Non-Emergency..... 833-5500; 833-2844
Emergency Service & Disaster Agency .. 833-6445

Fire

Anna Non-Emergency 833-2231

Police

Anna Non-Emergency 833-8571

EDUCATIONAL SERVICES

Regional Office of Education #20 (For Pope & Hardin Counties)

Administration & Fiscal Office
512 North Main Street
Harrisburg, IL 62946
Phone 253-5581
Website..... www.roe20.org

Regional Office of Education #21 (For Johnson & Massac Counties)

407 North Monroe Street, Suite 300
Marion, IL 62959
Phone 998-1283
Website..... www.roe21.org

Regional Office of Education #30 (For Alexander, Pulaski, & Union Counties)

Jackson County Courthouse
1001 Walnut Street
Murphysboro, IL 62966
Phone 687-7290
Website..... www.roe30.org

Alexander County

Cairo School Dist. #1
4201 Sycamore
Cairo, IL 62914
Phone 734-4102
Website..... www.cairoschooldistrict1.com
Parents as Teachers Program
Website..... www.parentsasteachers.org

Cairo Elementary School
3101 Elm Street
Cairo, IL 62914
Phone 734-1027

Cairo JR/SR High School
4201 Sycamore
Cairo, IL 62914
Phone 734-2187

Egyptian Community Unit School Dist. #5
20023 Diswood Road
Tamms, IL 62988
Phone 776-5306; 776-5251
Website..... www.egyptianschool.com

Five County Regional Vocational System
130 Washington Ave.
Tamms, IL 62988
Phone 747-2703
Website..... www.fivecountyrvs.com

The Spark Academy
35559 Grapevine Trail
McClure, IL 62957
Phone747-9344

Olive Branch Christian Academy
22461 Railroad Street
Olive Branch, IL 62969
Phone776-6082

Hardin County

Hardin County School Dist. #1 K-12
Illinois Rt. 146 North
Elizabethtown, IL 62931
Phone 287-2411; 287-7601
Websitewww.hardin.k12.il.us

Johnson County

Buncombe Elementary School Dist. #43
164 Main Street
PO Box 40
Buncombe, IL 62912
Phone658-8830
Websitewww.buncombegradeschool.com

Cypress Elementary School Dist. #64
4580 Mt. Pisgah Road
PO Box 109
Cypress, IL 62923
Phone657-2525
Websitewww.cypress.johnson.k12.il.us

Goreville Community Unit School Dist. #1
201 South Ferne Clyffe Road
Goreville, IL 62939
Phone 995-9831; 995-2142
Website www.gorevilleschools.com

New Simpson Hill School Dist. #32
95 Tunnel Hill Road
Tunnel Hill, IL 62972
Phone658-8536
Websitewww.newsimpsonhill.com

Vienna Elementary School Dist. #55
310 North Third Street
PO Box 427
Vienna, IL 62995
Phone658-8286
Websitewww.viennagradeschool.com

Vienna High School Dist. #13-3
601 North First Street
Vienna, IL 62995
Phone658-4461
Website www.viennahighschool.com

Massac County

Brookport Elementary School
319 Ferry Street
Brookport, IL 62910
Phone 564-2482
Website.....www.brookport.massac.org

Franklin Elementary School
1006 Mt. Mission Road
Metropolis, IL 62960
Phone 524-2243
Website..... www.franklin.massac.org

Jefferson Elementary School
4915 Jefferson School Road
Metropolis, IL 62960
Phone 524-4390
Website..... www.jefferson.massac.org

Joppa/Maple Grove School Dist. #38
911 North Avenue
PO Box 10
Joppa, IL 62953
Phone 543-7589
Website..... www.joppa38.com

Maple Grove Elementary School
1698 Grand Chain Road
Metropolis, IL 62960
Phone 543-7434

Massac County Unit Dist. #1
401 Metropolis Street
Metropolis, IL 62960
Phone 524-9376
Website..... www.massac.org

Massac Junior High School
3028 Old Marion Road
Metropolis, IL 62960
Phone 524-2645
Website..... www.mjhs.massac.org

Massac County High School
2841 Old Marion Road
Metropolis, IL 62960
Phone 524-3440
Website..... www.mchs.massac.org

Metropolis Elementary School
1015 Filmore Street
Metropolis, IL 62960
Phone 524-4821
Website..... www.mes.massac.org

Unity Elementary School
6846 Unity School Road
Brookport, IL 62910
Phone564-2582
Websitewww.unity.massac.org

Pope County

Pope County School Dist. #1 K-12
125 State Hwy 146 West
Golconda, IL 62938
Phone 683-2301; 683-4011; 683-3071
Websitewww.pope.k12.il.us

Pulaski County

Caledonia Christian Academy
10076 State Highway 37
Olmsted, IL 62970
Phone742-8223

St. John Praise & Worship Prep Academy
371 Chestnut Street
Pulaski, IL 62976
Phone342-6041

Century Community Unit School Dist. #100
4721 Shawnee College Road
Ullin, IL 62992
Phone845-3447
Website www.centuryschooldistrict100.com

Century Elementary School
4819 Shawnee College Road
Ullin, IL 62992
Phone845-3572

Century Middle-Senior High School
4721 Shawnee College Road
Ullin, IL 62992
Phone845-3518

Living Hope Fellowship Christian School
344 State Highway 169
Karnak, IL 62956
(Mailing Address) P.O. Box 111
Grand Chain, IL 62941
Phone634-2541
Website www.livinghopefellowshipchurch.org

Meridian Community Unit School Dist. #101
(High School & Elementary School)
1401 Mounds Road
Mounds, IL 62964
Phone342-6778
Website www.meridian101.com

Shawnee Community College
8364 Shawnee College Road
Ullin, IL 62992
Phone634-3200; (800) 481-2242
Website.....www.shawneecc.edu

Saline County

Southeastern Illinois College
3575 College Drive
Harrisburg, IL 62946
Phone252-5400; (866) 338-2742
Website..... www.sic.edu

Union County

Anna School Dist. #37
301 South Green Street
Anna, IL 62906
Phone 833-6812
Website.....www.anna37.com

Anna Junior High School
Davie School
301 South Green Street
Anna, IL 62906
Phone 833-6415

Anna Jonesboro Community High School Dist.
#81
608 South Main Street
Anna, IL 62906
Phone 833-8502
Website.....www.aj81.net

Anna Heights Early Learning Center
100 Turner Avenue
Anna, IL 62906
Phone 833-7158
Website..... www.annaheights.com

Cobden Unit School Dist. #17
413 North Appleknocker Drive
Cobden, IL 62920
Phone 893-2313
Website.....www.cobdenappleknockers.com
Cobden Elementary School
413 North Appleknocker Drive
Cobden, IL 62920
Phone 893-2311

Cobden Junior-Senior High School
413 North Appleknocker Drive
Cobden, IL 62920
Phone 893-4031

Dongola Unit School Dist. #66
1000 High Street
PO Box 190
Dongola, IL 62926
Phone827-3841
Website www.dongolaschool.com

Dongola Elementary/High School
1000 High Street
PO Box 190
Dongola, IL 62926
Phone827-3524

Jonesboro Community School Dist. #43
309 Cook Street
Jonesboro, IL 62952
Phone833-5148
Website www.jonesboro43.com

Lick Creek Community School District #16
7355 Lick Creek Road
Buncombe, IL 62912
Phone833-2545
Website www.lcschool.k12.il.us

Lincoln School
108 Warren Street
Anna, IL 62906
Phone833-6851

Shawnee Community Unit Dist. #84
3365 State Route 3 North
Wolf Lake, IL 62998
Phone833-5709
Website www.shawneedistrict84.com

Shawnee Junior-Senior High School
3365 State Route 3 North
Wolf Lake, IL 62998
Phone833-5307

Shawnee Elementary School
3365 State Route 3 North
Wolf Lake, IL 62998
Phone833-4975

SuCasa Migrant Head Start
8125 Old Highway 51 North
Cobden, IL 62920
Phone 893-4022; 893-4541

University of Illinois Extension Offices
Website www.web.extension.illinois.edu
502 Oakley Lane
Mounds, IL 62964
Phone745-6310
208 East Main Street

PO Box 158
Vienna, IL 62995
Phone 658-5321
1438 West 10th Street
Metropolis, IL 62960

Phone 524-2270
Walnut Street
PO Box 86
Elizabethtown, IL 62931
Phone 287-8673
Corner of Clara & Lewis
PO Box 97
Golconda, IL 62938

Phone 683-8555
515 East Vienna Street
Suite G
Anna, IL 62906
Phone 833-6363

34 Veterans Drive
PO Box 467
Harrisburg, IL 62946
Phone 252-8391

Counties Served: All counties in the state of Illinois

Services: Through learning partnerships that put knowledge to work, U of I Extension's programs are aimed at making life better, healthier, safer, and more profitable for individuals and their communities. U of I Extension offers educational programs in five broad areas: Healthy society, food security & safety, environmental stewardship, sustainable & profitable food production & marketing systems, and enhancing youth, family, and community well-being.

JAMP Special Education Services
251 West 2nd Street
PO Box 107
Grand Chain, IL 62941
Phone 634-2200
Website..... www.jampsped.org
Counties Served: Alexander, Johnson, Massac, Pulaski

Tri-County Education Cooperative
Website..... www.tcse.us
1725 Shomaker Drive
Murphysboro, IL 62966
Phone 684-2109
Tri-County School
PO Box 379
Anna, IL 62906
Phone 833-4541
Counties Served: Union

Wabash & Ohio Valley Special Education

800 South Division Street
Norris City, IL 62869
Phone378-2131
Websitewww.wovsed.org
Counties Served: Edwards, Gallatin, Hamilton,
Hardin, Pope, Saline, Wabash, Wayne, White

Child & Family Connections

Early Intervention Services
2751 West Main Street
Carbondale, IL 62903
Phone(888) 340-6702; 529-3147
Websitewww.cfconnection.org
Counties Served: Alexander, Hardin, Jackson,
Johnson, Massac, Perry, Pope, Pulaski, Union

Southern Illinois Talking Book Center

Shawnee Library System
607 South Greenbriar Road
Carterville, IL 62918
Phone985-8375; (800) 455-2665

Division of Specialized Care for Children

Marion Regional Office
State Regional Office Building
2309 West Main Street, Suite 119
Marion, IL 62959
Phone(800) 451-0464; 997-4396
Website: www.uic.edu.hsc.dsc
Counties Served: Alexander, Hardin, Johnson,
Massac, Pulaski, Pope, Union

Family Matters Parent Training & Information Center

1901 South 4th Street, Ste. 209
Effingham, IL 62401
Phone(866) 436-7842
Website www.fmptic.org

J.R.'s Centre

Building Skills, Promoting Independence
100 Florsheim Drive
Anna, IL 62906
Phone833-4956

Cairo Public Library

1609 Washington Avenue
Cairo, IL 62914
Phone734-1840

Dodge Memorial Library

22434 Railroad
Olive Branch, IL 62969
Phone776-5115

Rosiclare Memorial Public Library

Main Street
Rosiclare, IL 62982
Phone285-6213

Vienna Public Library

401 Poplar Street
Vienna, IL 62995
Phone658-5051

Brookport Public Library

7415 South US 45 Road
Brookport, IL 62910
Phone564-3630

Metropolis Public Library

317 Metropolis Street
Metropolis, IL 62960
Phone524-4312

Golconda Public Library

Main Street
Golconda, IL 62938
Phone683-6531

Mounds Public Library

418 1st Street
Mounds, IL 62964
Phone745-6610

Mound City Public Library

224 High Street
Mound City, IL 62963
Phone748-9427

Olmsted Library

140 North Front Street
Mounds, IL 62964
Phone742-8296

Dongola Public Library

114 North East Front Street
Dongola, IL 62926
Phone827-3622

Jonesboro Public Library

412 South Main Street
Jonesboro, IL 62952
Phone833-8121

Stinson Memorial Library

409 South Main Street
Anna, IL 62906
Phone833-2521
Website..... www.stinsonlibrary.org

Cobden Branch Library

100 South Front Street
Cobden, IL 62920
Phone893-4637

Wolf Lake Branch Library

4720 State Rt. 3 North
Wolf Lake, IL 62998
Phone833-4923

Pulaski County Courthouse

500 Illinois Avenue
Mound City, IL 62963
Circuit Clerk 748-9300
County Clerk 748-9360
State’s Attorney 748-9134
Probation Office 748-9643
Public Defender 748-9040
County Assessor 748-9321

Union County Courthouse

311 West Market Street
Jonesboro, IL 62952
Circuit Clerk 833-5913
County Clerk 833-5711
State’s Attorney 833-7216
Probation Office 833-7913

GOVERNMENT

Alexander County Courthouse

2000 Washington Street
Cairo, IL 62914
Circuit Clerk734-0107
Traffic Department734-7003
County Clerk734-7000
State’s Attorney734-0408
Probation Office734-2192

US Senator Dick Durbin (D)

711 Hart Senate Office Building
Washington, DC 20510
Phone (202) 224-2152
Website..... www.durbin.senate.gov

Hardin County Courthouse

1 Market Main Street
Elizabethtown, IL 62931
Circuit Clerk287-2735
County Clerk287-2251
State’s Attorney287-7062

US Senator Tammy Duckworth (D)

524 Hart Senate Office Building
Washington, DC 20510
Phone (202) 224-2854
Website..... www.duckworth.senate.gov

Johnson County Courthouse

Vienna, IL 62995
Circuit Clerk658-4751
County Clerk658-3611
State’s Attorney658-9318
Probation Office658-2841

US Congressman John Shimkus (R)

2217 Rayburn House Office Building
Washington, DC 20515
Phone (202) 225-5271
Website..... www.shimkus.house.gov

Massac County Courthouse

101 West 8th Street
Metropolis, IL 62960
Circuit Clerk524-9359
Juror Information524-5011
County Clerk524-5213
State’s Attorney524-2587
Probation Office524-7080

US Congressman Mike Bost (R)

1440 Longworth House Office Building
Washington, DC 20515
Phone (202) 225-5661
Website..... www.bost.house.gov

Pope County Courthouse

310 E. Main Street
Golconda, IL 62938
Circuit Clerk683-3941
County Clerk683-4466
State’s Attorney683-2221
Probation Office683-8383

Governor JB Pritzker (D)

207 State House
Springfield, IL 62706
Phone (217) 782-6830
Website..... www.illinois.gov

Senator Paul Schimpf (R) – District 58

M103A Capital Building
Springfield, IL 62706
Phone (217) 782-8137

Senator Dale Fowler (R) – District 59

M103C Capital Building
Springfield, IL 62706
Phone (217) 782-5509

Representative Terri Bryant (R) - District 115
207-N Stratton Office Building
Springfield, IL 62706
Phone (217) 782-0387

Representative Patrick Windhorst (R) – District 118
214-N Stratton Office Building
Springfield, IL 62706
Phone (217) 782-5131

Dixon Chiropractic Center
426 South Blanche
Mounds, IL 62964
Phone 745-6894
Diversified Rehab Services
426 South Blanche
Mounds, IL 62964
Phone 745-9419
Website..... www.dixonchirocenter.com

Hardin County General Hospital & Clinic
Hospital
6 Ferrell Road
Rosiclare, IL 62982
Phone 285-6634
Clinic
1 Ferrell Road
Rosiclare, IL 62982
Phone 285-2800

MEDICAL SERVICES

Community Health & Emergency Services, Inc.

Administration Office
1250 Cedar Court
Carbondale, IL 62901
Phone457-0450
Website www.chesi.org

Cairo Diagnostic Center
13289 Kessler Road
Cairo, IL 62914
Phone734-1500

Cairo Megaclinic
13245 Kessler Road
Cairo, IL 62914
Phone734-4400

Hardin County Medical Clinic
IL Route 146, Building 2
Elizabethtown, IL 62931
Phone285-6191

Hardin County Dental Clinic
226 Main Street
Rosiclare, IL 62982
Phone285-3930

Pope County Clinic
217 South Adams Street
Golconda, IL 62938
Phone683-3781

Pulaski Clinic
100 Market Street
Pulaski, IL 62976
Phone342-6767

Tamms Community Health Center
290 Railroad Street
Tamms, IL 62988
Phone747-2391

Counties Served: Alexander, Hardin, Jackson,
Pope, Pulaski, & Saline
Services: Provides primary medical, dental, and
behavioral healthcare and specialty services.

High Chiropractic Center
122 North 4th Street
Vienna, IL 62995
Phone 658-9411

Real Rehabilitation Center
811 North 1st Street
Vienna, IL 62995
Phone 658-8144

Goreville Medical Center
400 South Broadway
Goreville, IL 62939
Phone 995-1002

Comprehensive Health Center
1204 West 10th Street
Metropolis, IL 62960
Phone 524-2284

Family Physician's Center
1203 West 10th Street
Metropolis, IL 62960
Phone 524-3795

Massac Memorial Hospital & Medical Clinic
28 Chick Street (hospital)
1204 W. 10th Street (clinic)
Metropolis, IL 62960
Phone524-2176(hospital); 524-3572(clinic)
Website..... www.massachealth.org

Baptist Healthcare System
718 E. Fifth Street
Metropolis, IL 62960
Phone 940-0034

Optometrist

Dr. Gary T. Brush
1801 East 5th Street
Metropolis, IL 62960
Phone524-9323

Moreland Eye Care

100 Peach Ridge Road
Anna, IL 62906
Phone833-9208
Website www.morelandeyecare.com

Marion Eye Center

Website www.marioneyecenters.com

Anna Location
165 Plaza Drive
Anna, IL 62906
Phone833-8359

Vienna Location
1005 West Vine Street
Vienna, IL 62995
Phone658-2195

Carbondale Location
1001 Beadle
Carbondale, IL 62901
Phone549-2282

Carbondale SIU Location
374 East Grand Avenue, Building 269,
Room 140A, Mail Code 6740
c/o Student Health Center
Carbondale, IL 62901
Phone549-0615

Harrisburg Location
#5 Eye Center Drive
Harrisburg, IL 62946
Phone252-5377

Marion Location
1200 West Deyoung
Marion, IL 62959
Phone993-5686

Murphysboro Location
1934 Walnut
Murphysboro, IL 62966
Phone565-1406

Union County Hospital & Clinic

517 North Main Street
Anna, IL 62906
Phone833-4511
Website www.unioncountyhospital.com

Rural Health, Inc.

Website www.ruralhealthinc.org
Main Site
513 North Main Street
Anna, IL 62906
Phone833-4471

Dongola Medical Clinic
318 North Old Highway 51
Dongola, IL 62926
Phone 827-3545

Vienna Medical Clinic
803 North 1st Street
Vienna, IL 62995
Phone 658-2811

Goreville Medical Clinic
400 South Broadway
Goreville, IL 62939
Phone 995-1002

Metropolis Medical Clinic
1003 E. 5th Street
Metropolis, IL 62960
Phone 524-7499

Shawnee Health Services

Website..... www.shsdc.org
Illinois Centre Healthcare – Dental Centre
3115 Williamson County Parkway
Marion, IL 62959
Phone 969-8600
Shawnee Health Care
400 South Lewis Lane
Carbondale, IL 62901
Phone 519-9901

SIUC Dental Hygiene Clinic

School of Allied Health
College of Applied Sciences and Arts
Southern Illinois University Carbondale
1365 Douglas Drive
Mailcode: 6615
Carbondale, IL 62901
Phone 453-8826
Website..... www.sah.siuc.edu

SIUE School of Dental Medicine Clinic

2800 College Avenue
Alton, IL 62002
Phone 474-7000
Website..... www.siue.edu/dentalmedicine

Cartersville Dental Center

809 South Division Street
Cartersville, IL 62918
Phone 985-4200

Dr. Robin Wetherell

805 North 1st Street
Vienna, IL 62995
Phone 658-8361

Dr. Don Akridge
35 Old Bloomfield Road
Vienna, IL 62995
Phone658-9732

Brunk Family Dental Care
805 Market Street, Unit B
Metropolis, IL 62960
Phone940-0542
Websitewww.brunkfamilydentalcare.com

Dr. Kyle Heine
44 Jon Street
Metropolis, IL 62960
Phone524-7303

Dr. Bruce Redenour
20 Jon Street
Metropolis, IL 62960
Phone524-7790

Dr. John Shelton
1015 Market Street
Metropolis, IL 62960
Phone524-8011

Rice Orthodontics
44 Jon Street
Metropolis, IL 62960
Phone (877) 452-0979; (270) 534-1991
Website www.riceortho.com

Dr. Peter Ciampa
200 Medical Center Drive
Paducah, KY 42003
Phone (270) 442-4374

Dr. James Bowman
126 South Adams Street
Golconda, IL 62938
Phone683-3242

SOCIAL SERVICES

Anna Bixby Women's Center
213 South Shaw Street
Harrisburg, IL 62946
Phone252-8389
Counties Served: Hardin, Johnson, Pope
Services: Adult Abuse; 24 hour help line; Call collect for counseling, advocacy, legal advocacy, children's program, safe homes, emergency transportation, education and employment

programs, parenting skills, community education, and homeless youth advocacy.

Women's Center Domestic Violence Program
100 Tower Square Plaza
Marion, IL 62959
Phone 997-0949
Services: Adult Abuse; Counseling to women and children.

Purchase Area Sexual Assault Center
P.O. Box 8506
Paducah, KY 42002
Phone (800) 928-7273 or (270) 534-4422
Website..... www.pasacky.org
Services: 24 hour helpline; Therapy for victims of sexual crimes; Legal and medical advocacy; Forensic services provided.

Cairo Women's Shelter
P.O. Box 911
Cairo, IL 62914
Phone 734-4357
Counties Served: Alexander, Massac, Pulaski, Union

Southern Pride Senior Program/Happy Days Senior Center
2728 Martin Luther King Blvd.
Cairo, IL 62914
Phone 734-1050

Mighty Rivers Thrift Shop
228 10th Street
Cairo, IL 62914

Family Counseling Center
1401 Washington Avenue
Cairo, IL 62914
Phone 734-2665

Guardian Family Services Center
Metropolis, IL 62960
Phone 524-4357

Massac County Domestic Violence Services
Metropolis, IL 62960
Phone 524-4357

Union County Domestic Violence Services
Jonesboro, IL 62952
Phone 833-4382
Services: (Guardian, Massac Co. Domestic, & Union Co. Domestic) 24 hour hotline; Staff on duty at the shelter 24 hours a day; Shelter provided; Advocacy; Counseling; Transportation; Information & referrals to battered women and

children; 3 night homeless shelter; Child group activities.

The Women's Center Inc.

610 South Thompson Street
Carbondale, IL 62901
Phone549-4807
Website www.thewomenscrt.org
Services: Supporting survivors of violence & promoting a safer community.

Good Samaritan House

701 South Marion Street
Carbondale, IL 62901
Phone457-5794

IL. Department of Children & Family Services

108 Denny Industrial Drive
Anna, IL 62906
Phone833-4449
1315 Washington
Cairo, IL 62914
Phone734-0858
324 East Raymond
Harrisburg, IL 62946
Phone253-7604
200 West 5th Street
Metropolis, IL 62960
Phone524-2428
Website www.illinois.gov

Counties Served: Alexander, Hardin, Johnson, Massac, Pope, Pulaski, & Union
Services: Child welfare counseling & treatment; Child abuse & neglect investigations; Foster care; Daycare; Adoption & homemaker services

Lutheran Social Services

504 West Main Street
Vienna, IL 62995
Phone658-9512
540 North Commercial Street
Harrisburg, IL 62946
Phone252-7361
1616 West Main Street
Marion, IL 62959
Phone997-9196
Website: www.lssi.org

Counties Served: Hardin, Johnson, Massac, Pope
Services: Provision of services for children including welfare, adoption, abuse, neglect, and counseling

Two Rivers Child Advocacy Center

109 Denny Industrial Drive
Anna, IL 62906
Phone833-7470

Website.....www.tworiverscac.com
Services: Our mission is to coordinate a timely, comprehensive and multidisciplinary response to child sexual abuse and serious physical abuse allegations in a safe, agency-neutral, and child-focused setting. The CAC will facilitate investigations, medical and treatment referrals, as well as assist with any consequent legal proceeding in order to protect on behalf of and support the children and their families.

Child Care Resource & Referral (CCR&R)

John A. Logan College
700 Logan College Road (mailing address)
607 S. Greenbriar (office location)
Carterville, IL 62918
Phone985-5975; (800) 548-5563
Website..... www.jalc.edu/ccrr
Services: CCR&R is dedicated to enhancing the quality of children's lives, with an emphasis on improving the accessibility, affordability, and quality of child care and early education in the southern fifteen counties in Illinois. Please call the number listed above for a current list of Daycare Providers in your area.

Child Support Enforcement

Phone (800) 447-4278
Website..... www.ilchildsupport.com

Social Security Administration

Phone (800) 772-1213
Website..... www.ssa.gov
250 West Cherry Street, Room 104
Carbondale, IL 62901
Phone 457-3618
Counties Served: Alexander, Massac, & Pulaski
18 Veterans Drive
Harrisburg, IL 62946
Hardin, Johnson, & Pope

US Veteran's Administration

Phone (800) 827-1000
Website..... www.va.gov
617 Walnut Street
Murphysboro, IL 62966
Phone 684-2966
2309 West Main Street
Marion, IL 62959
Phone 997-3309

National Drug/Alcohol Abuse Hotline

Phone (800) 662-4357

Alcoholic's Anonymous

134 Wildwood Drive
Carbondale, IL 62902
Phone549-4633

Fellowship House, Inc.

800 North Main Street
Anna, IL 62906
Phone833-4456
Counties Served: Alexander, Hardin, Johnson,
Massac, Pope, Pulaski, & Union
Services: Detox; Residential rehabilitation;
Intensive outpatient; Adult/youth outpatient;
Problem gambling program & prevention.

Family Counseling Center, Inc.

1401 Washington Street
Cairo, IL 62914
Phone734-2665
125 N. Market Street
Golconda, IL 62938
Phone683-2461
406 East Vine Street
Vienna, IL 62995
Phone658-3079
101 Oliver Street
Vienna, IL 62995
Phone658-2611
Website: www.fccinonline.org
Services: Individual, group, or family counseling;
Child welfare services; Suicide prevention; 24
hour emergency services; Developmental &
disability services; Substance abuse programs

VitalChek Express Certificate Service

Website www.vitalchek.com
Services: To obtain birth certificates and other
vital records.

**IL. State of Public Health Department of
Finance & Administration**

Vital Records – Births, Deaths, Adoption
605 West Jefferson Street
Springfield, IL 62970
Phone (217) 782-6553

Jackson County Courthouse

ATTN: County Clerk
1001 Walnut Street
Murphysboro, IL 62966
Phone687-7360

Williamson County Courthouse

200 West Jefferson
Marion, IL 62959
Phone997-1301

IL. Department of Employment Security

Website..... www.ides.state.il.us
Phone 800-244-5631

333 Potomac Boulevard, Suite E
Mt. Vernon, IL 62864

Employment Services Only

701 North Commercial, Ste 6A
Harrisburg, IL 62946
Illinois Star Center
3000 West DeYoung, Ste 800B
Marion, IL 62959

Shawnee Development Council, Inc.

Administrative Office
530 West Washington Street
P.O. Box 298
Karnak, IL 62956
Phone 634-2201
Website..... www.shawneedevelopment.org
Services: Community Food Distribution;
Economic Development Loan Program; Energy
Conservation & Housing Rehab (ECHR); Fiscal
Department; IDHS Homeless Prevention
Program; Illinois Home Weatherization Assistance
Program (IHWAP); Low Income Home Energy
Assistance Program (LIHEAP); Retired & Senior
Volunteer Program (RSVP); Senior Companion
Program (SCP); Trade Adjustment Assistance
(TAA); Community Care Program (CCP);
Community Services Block Grant (CSBG);
Emergency Assistance Program; Family &
Community Development (FCD); Housing
Program; Illinois Employment & Training Center
(IETC); Individual Development Account (IDA);
NOAA Weather Radio; Scholarship Program; Title
V Senior Community Service Employment
Program; and Workforce Investment Act (WIA)
Alexander & Pulaski Counties
2207 Poplar Street
Cairo, IL 62914
Phone 734-0535
IL. Employment & Training Center 734-9034
Hardin County
Courthouse Annex
P.O. Box 168
Elizabethtown, IL 62931
Phone 287-7071
Massac County
1 Superman Square
Room 1C
Metropolis, IL 62960
Phone 524-2941
Pope County
212 Decatur Street
P.O. Box 366
Golconda, IL 62938
Phone 683-2107

WIA Case Management
 Shawnee Community College
 8364 Shawnee College Road
 Ullin, IL 62992
 Phone634-3293; (800) 481-2242, Ext: 3293
 Union County
 Choate Mental Health Center
 1000 North Main Street
 P.O. Box 439
 Anna, IL 62906
 Phone833-7431

Housing Authority

Alexander County
 1101 Ohio Street
 Cairo, IL 62914
 Phone734-1910
 Hardin County
 1 Walnut Street
 Elizabethtown, IL 62931
 Phone287-2786
 Website .. www.hardincountyhousingauthority.com
 Johnson County
 501 North 4th Street
 Vienna, IL 62995
 Phone658-5811
 Massac County
 Spence Apartments
 1209 East 5th Street
 Metropolis, IL 62960
 Phone524-8411
 Pope County
 802 South Franklin Street
 Golconda, IL 62938
 Phone683-4791
 Pulaski County
 130 Richland Terrace
 Mounds, IL 62964
 Phone745-6330
 Union County
 131 Hillside Terrace
 Anna, IL 62906
 Phone833-5129

Habitat For Humanity

Franklin County
 PO Box 34
 Benton, IL 62812
 Phone435-2742
 Jackson & Union Counties
 PO Box 1064
 Carbondale, IL 62903
 Phone457-8480
 Williamson County
 Marion, IL 62959
 Phone997-3134

Country Village Apartments

901 Galeener Street
 Vienna, IL 62995
 Phone 658-8161

Knollwood Apartments

112 Leigh Avenue
 Anna, IL 62906
 Phone 833-7766

Pulaski County Development Association

404 South Blanche Street
 Mounds, IL 62964
 Phone 745-6226

Shawnee Enterprises

1412 Shawnee Drive
 Marion, IL 62959
 Phone 997-5365

Southern Five Regional Planning District

5 Justice Drive
 Ullin, IL 62992
 Phone 845-9000
 Website..... www.southernfive.org

Daystar Community Program

909 Washington Avenue
 Cairo, IL 62914
 Phone 734-0178
 Counties Served: Alexander, Pulaski
 Hours of Operation: M T TH F - 9:30 a.m. - 1 p.m.
 Services: Thrift store; Soup kitchen, Food pantry;
 Outreach program which includes assistance with
 utilities, rent, medical, food, transportation and
 advocacy. For services to be received, individuals
 must have a form of identification, proof of
 income, and information on services needed.

Vienna First Baptist Church

7th & Washington
 Vienna, IL 62995
 Phone 658-3741
 County Served: Johnson

Senior Citizens Nutrition Whistler's

60 Rt 37
 Goreville, IL 62939
 Phone 658-8140
 County Served: Johnson

Faith Alive Thrift Store

112 North 4th Street
 Vienna, IL 62995
 Phone 658-7110
 County Served: Johnson

Goreville Ministerial Alliance Thrift Store
114 South Broadway Avenue
Goreville, IL 62939
Phone995-9360
County Served: Johnson

Goreville First Baptist Church
P.O. Box 39
Goreville, IL 62939
Phone995-2127
County Served: Johnson

Elizabethtown First Baptist Church
Elizabethtown, IL 62931
Phone287-2861
County Served: Hardin

Rosiclare First Baptist Church
Rosiclare, IL 62982
Phone285-3524
County Served: Hardin

Christian Outreach Program Emergency (COPE)
1013 North Avenue
Metropolis, IL 62960
Phone524-3635
County Served: Massac

Faith Tabernacle Emergency Food Pantry
8th & Broadway Street
Metropolis, IL 62960
Phone524-8763
County Served: Massac

Joppa Baptist Church
Joppa, IL 62953
Phone543-9248
County Served: Massac

Happy Hearts Senior Center
701 Market Street
Metropolis, IL 62960
Phone524-9755
County Served: Massac

Bethel Temple Church of God in Christ
424 North Front Street
Mounds, IL 62964
Phone745-9521
Services: Food Pantry
Counties Served: Alexander & Pulaski

Egyptian Area Agency on Aging
200 East Plaza Drive
Carterville, IL 62918
Phone985-8311

Website.....www.egyptianaaa.org

Living Hope Fellowship Church Food Pantry
344 State Hwy 169
Karnak, IL 62956
Phone 634-2541
County Served: Pulaski

Karnak Baptist Church Food Pantry
3rd & Main Street
Karnak, IL 62956
Phone 634-2436
County Served: Pulaski

Anna First Baptist Church
409 Morgan Street
Anna, IL 62906
Phone 833-5416
County Served: Union

Anna United Methodist Church
111 West Monroe Street
Anna, IL 62906
Phone 833-2234
Website.....www.unitedmethodistchurchanna.org
County Served: Union

Bethany Village
414 East Davie Street
Anna, IL 62906
Phone 833-1777
County Served: Union

Share & Care
2940 Friendship Church Road
Dongola, IL 62926
Phone 827-3855
County Served: Union

Good Samaritan Ministries
701 South Marion Street
Carbondale, IL 62901
Phone 457-5794
County Served: Jackson

American Cancer Society
4503 West DeYoung Street, Suite 200C
Marion, IL 62959
Phone 998-9898
Website.....www.cancer.org

American Red Cross
Phone(800) 733-2767 (RED CROSS)
Website.....www.redcross.org
Counties Served: Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Randolph, Saline, Union, Williamson

Governor's Office of Citizen's Assistance
Phone (800) 642-3112

IL. State of Attorney General's Office
1001 East Main Street
Carbondale, IL 62901
Phone (800) 243-0607; 529-6400
Website www.illinoisattorneygeneral.gov

Lions of Illinois Foundation
2814 DeKalb Avenue
Sycamore, IL 60178
Phone (800) 995-5466; (815) 756-5633
Website www.lionsofillinoisfoundation.org
Services: The foundation provides quality programs and services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments.

MAP Training Center
504 East 7th Street
Karnak, IL 62956
Phone 634-9401
Counties Served: Alexander, Massac, Pulaski

Muscular Dystrophy Association
3095 Lexington Avenue, Building B, #400
Cape Girardeau, MO 63701
Phone (573) 335-4400
Website www.mda.org

Rave Rehabilitation & Vocation Education Program Inc.
214 West Davie Street
Anna, IL 62906
Phone 833-8525
Counties Served: Union

Children's Medical & Mental Health Resource Network
SIU School of Medicine
P.O. Box 179
Anna, IL 62906
Phone 833-6488
Website www.siumed.edu/cmmhrn

School for the Hearing Impaired
801 East Reeves Street
Marion, IL 62959
Phone 997-2472

Shriners Hospitals for Children
2001 South Lindberg Blvd.
St. Louis, MO 63131
Phone (314) 432-3600
Website www.shrinershq.org

Services: Shriners is an international pediatric specialty hospital system providing care to children with orthopedic conditions, burns, spinal cord injuries and cleft lip and palate. Patients receive expert care centered around their needs – physical, mental, & emotional – provided by world-renowned physicians, surgeons, therapists, and other medical staff. All care at Shriners is provided without financial obligation to parents or their families.

IL. Association for Home and Community Education
Phone (Teresa Althoff) 845-9069
(Betty Shumaker) 634-2212
(June Badgely) 634-2367

Website www.iahce.org
Services: IAHCE Members volunteer their time, skills, and energy to improve the lives in our home and community. They provide opportunities to strengthen family units, provide practical skills needed for everyday life, promote scholarship funds, and provide experience for community involvement.
Counties Served: Alexander & Pulaski

IL. Children's Mental Health Partnership (ICMHP)
Family Leadership Support Initiative
Community Counseling Center
2615 Edwards Street
Alton, IL 62002
Phone 462-2331
Website www.icmhp.org
Services: The ICMHP is a comprehensive, compassionate, family-driven system of mental health community education, resources, services, and support for all families. The goal of the initiative is to provide families support in all aspects of promoting their child's optimal social and emotional development and mental well-being. Community led parent groups are available throughout the five regions of the state of Illinois.

IL. Department of Human Services (DHS)
Phone (800) 843-6154
Website www.dhs.state.il.us
Alexander & Pulaski County
422 South Blanche Street
Mounds, IL 62964
Phone 745-9411
Hardin & Pope Counties
106 North Market Street
PO Box 130
Golconda, IL 62938
Phone 683-2921

Johnson & Union Counties
1000 North Main Street
Anna, IL 62906
Phone833-2118
Massac County
2301 Metropolis Street
Metropolis, IL 62960
Phone524-2631

The Lighthouse Shelter
1101 North Madison Street
Marion, IL 62959
Phone993-8180
Website www.thelighthouseshelter.com
Services: Emergency shelter serving the homeless of Southern Illinois.

Rides Mass Transit District
Administrative Office
1200 West Poplar Street
Harrisburg, IL 62946
Phone253-8761
Website www.ridesmtd.com
Hardin County
PO Box 190
Rosiclare, IL 62982
Phone285-3371
Pope County
Phone (877) 667-6122
Services: Rides is a federally funded public transportation system. Service is available to anyone needing transportation. Rides provides door-to-door and established route service. Rides schedules out of district trips to enable passengers access to major medical facilities, shopping centers, employment sites, and educational centers.

Shawnee MTD Public Transportation
100-102 Smart Drive
Vienna, IL 62995
Phone658-8380 or (866) 577-6278
Website www.shawneemtd.com
Services: The Shawnee Mass Transit District is a state and federally funded, 501(c)(3) nonprofit public transportation provider serving the five southernmost counties in Illinois: Alexander, Johnson, Massac, Pulaski and Union. Shawnee MTD's mission is to provide safe, affordable and effective transportation to all the citizens of our five-county district, with emphasis on service to seniors, the disabled and the economically disadvantaged. The District approaches its mission in a way that will make these communities more livable by increasing the availability of necessary services and maximizing employment opportunities.

Farm Resource Center
226 Main Street
Mound City, IL 62963
Phone (877) 633-3372
Website www.frci.org
Services: The Farm Resource Center is a not-for-profit agency established expressly to respond to the needs of rural families in crisis. FRC has programs working for farmers, laborers, miners (including their respective families) and at-risk abused and neglected children. FRC also has a program that covers the needs of Post Adoption and Guardianship children and their families.

Massac County Mental Health
206 West 5th Street
Metropolis, IL 62960
Phone 524-9368

Hope Unlimited
305 Lincoln Street
Metropolis, IL 62960
Phone 524-5730

Union County Counseling Center
204 South Street
Anna, IL 62906
Phone 833-8551
Website www.uccsinc.org

Land of Lincoln Legal Assistance Foundation, Inc.
Old National Bank Building, Third Floor
509 South University Avenue
Carbondale, IL 62901
Phone 457-7800 or (800) 642-5335
Website www.lollaf.org
Services: Land of Lincoln is an Illinois not-for-profit corporation. We provide free civil legal services to low-income persons and senior citizens in 65 counties in central and southern Illinois. Our mission is to pursue civil justice for low-income persons through representation and education.

Shawnee Alliance For Seniors
6355 Brandhorst Drive
Carterville, IL 62918
Phone985-8322; (800) 642-7773
Website www.shsdc.org
Counties Served: Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Saline, Union, Williamson

Addus Health Care Services

Adult Day Services
900 Skyline Drive, Suite 200
Marion, IL 62959
Phone998-2032
Home & Community Services
Anna/Marion
Phone997-8008
Private Duty & Home Health Care
Marion
Phone997-6565 or (866) 482-3387
Website www.addus.com
Services: Addus provides comprehensive health care services including skilled nursing, personal care aides, and rehabilitation.

Lourdes Hospice and Palliative Care

616 Market Street
Metropolis, IL 62960
Phone524-3757 or (800) 595-3647
Website www.lourdes-pad.org
Services: Hospice and Palliative Care is dedicated to supporting patients and their families throughout life during times of transition, illness, death, and grief.

Gateway Drug Rehab

1080 E. Park Street
Carbondale, IL 62901
Phone (877) 303-9429
Website www.recovergateway.org

Center for Autism Spectrum Disorders

625 Wham Drive
Carbondale, IL 62901
Phone536-2122
Website www.autismspeaks.org

Autism Society of Southern Illinois

101-193 E. Main Street
P.O. Box 2621
Carbondale, IL 62901
Phone (314) 690-3855
Website . www.autismsocietysi.wixsite.com/mysite

University Autism Center

611 N. Fountain Street
Cape Girardeau, MO 63701
Phone (573) 986-4985
Website www.semo.edu/autismcenter

Kenny Rogers Children’s Center

300 Floyd Ave.
Sikeston, MO 63801
Phone (573) 472-0397
Website www.kennyrogerscenter.org

Dongola First Baptist Church

203 E. Cross Street
Dongola, IL 62926
Phone 827-4391
Website..... www.dongolafirst.com
Services: Food Pantry the first and third Wednesday’s from 10 a.m. – 11 a.m. Call on Monday. Receive food one time per month.

Massac County General Assistance

1 Superman Square
Metropolis, IL 62960
Phone 524-5012

Emmanuel Temple

509 Broadway
Metropolis, IL 62960
Phone 638-7099
Services: Emergency Food Pantry

Hope Unlimited - Family Care Center

305 Lincoln Street
Metropolis, IL 62960
Phone 524-5730
Website..... www.hopeunlimitedfcc.org

Salt & Light New Beginnings Baptist Church

718 E. 12th Street
Metropolis, IL 62960
Phone 638-3388
Services: Clothing, household items and furniture at no cost to anyone in need. Open the second and fourth Saturday of each month from 9 a.m. to 12 p.m.

Centerstone

Phone (877) 467-3123
Website..... www.centerstone.org

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