

Southern Seven Health Department’s Southern Illinois Adolescent Health Program aims to empower adolescents, ages 11-21, to adopt healthy behaviors and improve their overall health by increasing the rate of adolescent and young adult well-care visits.

For the purpose of this program, a well-care visit is defined as a comprehensive visit with a healthcare provider, occurring at least 1x a year. Physical, emotional, and social development is assessed, the goal is to keep adolescents and young adults healthy and to assess for health risks while offering preventive care, treatment, support, and empowerment.

The program is funded in whole or in part by the Illinois Department of Public Health.

Inside is a comprehensive list of all providers serving 11-21 year olds listed by County in our S7 Region.





Alexander County

Tamms Community Health Center-CHESI

Erin Brown, MSN, APRN, CPNP-PC-- Hours: Wednesdays 9am-4pm

Courtney Landgraf, FNP-C-- Hours: Thursdays 9am -4pm

Natasha Shafer, APN-- Hours: Mondays and Tuesdays 9am-5pm

290 Railroad Street Tamms, IL 62988

Phone: *(618) 747-2391*

Serves Ages: 11-21

Cairo Mega Clinic-CHESI

Rebekah Bogan, APN—Hours: M, T, TH, F 8am-5pm

Erin Brown, MSN, APRN, CPNP-PC—Hours: M, T, TH, F 8am-5pm

Dr. James Schwab, Pediatrics—Hours: Tuesdays Only 8am-5pm

Maureen Klemme, APN—Hours: Wed & Fri 8am-5pm

Kari Koster, APN BH Psych—Hours: 2nd & 4th Wednesdays 8am-5pm

13245 Kessler Road Cairo, IL 62914

Phone: *(618) 734-4400*

Serves: 11-21



Hardin County



Hardin County Medical

Christine Davis, APN

IL Route 146 Bldg. 2

Elizabethtown, IL 62931

Tuesdays and Thursdays

Hours: 8:30am-5pm

Phone: *(618) 285-6191*

Serves Ages: 11-21

Hardin County Clinic

Dr. Marcos Sunga, MD Family Medicine

Dr. Eladio Chatto, MD Family Medicine

Dr. Joshua Hastie MD Family Medicine

Amber Frailey, APRN

Cheryl Hicks. APRN

Angela Kaylor, APRN

6 Ferrell Road

Rosiclare, IL 62982

Hours: M-F 9:00am-5:00pm

Phone: (618) 285-2800

Serves Ages: 11-21



Johnson County

Rural Health Inc., Goreville Medical Clinic

Dr. Christine Lucas, MD Family Medicine Every Other Thursday

Janet White, PAC

Goreville Closed from 12:00 p.m.-1:00 p.m. for lunch

Monday 8:30 am – 5:00 pm
Tuesday 8:30 am – 7:00 pm late night
Wednesday 8:30 am – 5:00 pm
Thursday 8:30 am – 5:00 pm
Friday 8:30 am – 5:00 pm

400 S. Broadway
Goreville, IL 62939
Phone: (618) 995-1002
Serves Ages: 11-21



Rural Health, Inc. Vienna Medical Clinic

Kassie Jones, PAC

Dena Taylor, NPC M, T, TH, F

Vienna Closed from 12:00 p.m.-1:00 p.m. for lunch

Monday 8:30 am – 5:00 pm
Tuesday 8:30 am – 8:00 pm late night
Wednesday 8:30 am – 5:00 pm
Thursday 8:30 am – 5:00 pm
Friday 8:30 am – 5:00 pm 803 North 1st Street

Vienna, IL 62995
Phone: (618) 658-2811
Serves Ages: 11-21



Massac County

Massac Memorial Medical Clinic

Dr. Bindu Reddy, Pediatrics Mondays and Thursdays

Michelle Wharton, NP Pediatrics Mondays and Thursdays

Ashley Hagerty, PA-C Family Practice M-F

1204 W. 10th Street Metropolis, IL 62960

Phone: (618) 524-3572

Hours: 8:00am-4:30pm

Serves Ages: 11-21

Massac Family Care Clinic

Dr. Johnathan Walters, Family Medicine & Medical Director

Kristy Kennedy, APRN FNP-BC

1204 W. 10th Street

Metropolis, IL 62960

Phone: (618) 638-1343

Hours: M-F 8:00-4:30pm

Serves Ages: 11-21



Integrated Care Clinic

Amanda Gaudy, APRN, FNP-BC Family Practice

28 Chick Street

Metropolis, IL 62960

Hours: M-TH 8:30-5:00pm

Phone: (618) 524-8361

Serves Ages: 11-21

Rural Health, Inc. Metropolis, IL Office

Emily Hawkins, NPC

Metropolis Closed from 12:00 p.m.-1:00 p.m. for lunch

Monday	8:30 am – 5:00 pm
Tuesday	8:30 am – 7:00 pm late night
Wednesday	8:30 am – 5:00 pm
Thursday	8:30 am – 5:00 pm
Friday	8:30 am – 5:00 pm

1003 E. 5th Street

Metropolis, IL 62960

Phone: (618) 524-7499

Serves Ages: 11-21



Pope County

Pope County Clinic-CHESI

Dr. James Schwab, Pediatrics

Christine Davis, APN

217 S. Adams Street

Golconda, IL 62938

Mondays Wednesdays Fridays

Hours: 8:30am-5pm

Phone: *(618) 683-3781*

Serves Ages: 11-21



Pulaski County

Integrated Family Health

Danece Curtis, APRN

426 S Blanche St Mounds, IL 62964

Phone: [\(618\) 745-6894](tel:(618)745-6894)

Hours: Monday-Friday 9am-5pm

Serves Ages: 11-21



Pulaski County Clinic-CHESI

Rebekah Bogan, APN

100 Market Street Pulaski, IL 62976

Phone: [\(618\) 342-6767](tel:(618)342-6767)

Hours: Wednesdays Only 9am-5pm

Serves Ages: 11-21



Union County

Swafford Pediatrics

Dr. Kathy Swafford, Pediatrics

115 N Main St # 1, Anna, IL 62906

Hours: Wednesdays CLOSED

M, T, TH, F 8am-5pm

Phone: *(618) 833-9355*

Serves Ages: 11-21

SIH Primary Care Anna, IL

Gerald Martin, APN

98 Peach Ridge Rd. Anna, IL 62906

Hours: M-F 8:00am-4:30pm

Phone: *(618) 614-1400*

Serves Ages: 11-21



Dr. John M. Cerny, General Family Medicine

Dr. John M. Cerney, MD

515 N. Main Street Anna, Illinois 62906

Hours: M-F 8:00am-5:00pm

Phone: *(618) 833-3300*

Serves Ages: 11-21

Union County Convenient Care

Marcy Emmons, PAC

Elizabeth Shellenberger, NPC

Kathy Schierbaum, NPC

Courtney Ledbetter, PAC

Will Thomas, NPC

517 N. Main Street Anna, IL 62906

Hours: 9:30am-6:00pm Mondays-Fridays

Hours: 8:30am-5pm Saturdays Sundays

Phone: (618)-833-2285

Serves Ages: 11-21



Rural Health, Inc. Anna, IL Office

Dr. William Ribbing, MD

Dr. Christine Lucas, MD Wed-Fri

Dr. Katharine Painter, MD

Karen Strack, DO M, W, F

Derrick Abell, PAC

Lindsey Adams, PAC

Donald Deimer, PAC Thursday Only

Haley Kostecki, PAC Tuesdays and Thursdays

Jacob Ribbing, PAC Wednesday Only

Chelsea Treece, PAC

Jessica Wills, NPC

Monday 8:30 am – 5:00 pm
Tuesday 8:30 am – 8:00 pm late night

Wednesday 8:30 am – 5:00 pm
Thursday 8:30 am – 8:00 pm late night

Friday 8:30 am – 5:00 pm
Saturday 8:00 am – 2:00 pm

513 N. Main Street Anna, IL 62906

Phone: (618) 833-4471

Serves Ages: 11-21



Rural Health Inc. Dongola, IL Office

Haley Kostecki, PAC

Cheryl Fuller, NPC

Dongola Closed from 12:00 p.m.- 1:00 p.m. for lunch

Monday 8:30 am – 5:00 pm
Tuesday 8:30 am – 5:00 pm
Wednesday 8:30 am – 5:00 pm
Thursday 8:30 am – 8:00 pm late night
Friday 8:30 am – 5:00 pm

318 U.S. Highway 51 North
Dongola, IL 62926

Phone: (618) 995-1002

Serves Ages: 11-21