Southern Seven Health Department/
Head Start/Early Head Start
COMMUNITY RESOURCE DIRECTORY
2023

SERVING THE COUNTIES OF
ALEXANDER – HARDIN – JOHNSON – MASSAC – POPE
PULASKI - UNION
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COMMUNITY RESOURCE DIRECTORY

Southern Seven Health Department/
Head Start/Early Head Start
37 Rustic Campus Drive
Ullin, IL 62992
634-9340

Dear Parent:

This directory was prepared by the Parent Coordinators of the Southern Seven Health Department/Head Start/Early Head Start Program to assist Head Start Families in the southern counties of Illinois (Alexander, Hardin, Johnson, Massac, Pope, Pulaski and Union). It is a listing of services available to you within your county and adjoining counties. Please take a few moments to read through the directory. You might be surprised to find that some agencies offer services other than those their names imply. A copy of this directory will be distributed to each parent and made available for other agencies upon request.

Information in this directory has been updated prior to the time of publication. We hope this booklet will be of use to you. If further information or assistance is needed, please feel free to contact the Head Start Administrative Office at 634-9340, our toll free number is 1-800-698-4820 or the Head Start Center in your area.

Space has been provided below to list local emergency telephone numbers.

FIRE: __________________________________________
POLICE: _______________________________________
AMBULANCE: __________________________________
HOSPITAL: ____________________________________
DOCTOR: _______________________________________
POISON CONTROL CENTER: _______________________
OTHER: ________________________________________
SOUTHERN SEVEN HEALTH DEPARTMENT

The mission of Southern Seven Health Department is “To promote a safe and healthy environment by providing preventive health care, family support services and child development services.” The Southern Seven Health Department serves the residents of the southern-most seven counties in the State of Illinois. Services provided are designed to prevent disease and disability, promote health, and maintain a healthful environment. Approximately 200 staff is employed by the Board of Health. The Board of Health is composed of twenty-eight members, four from each of the seven counties, appointed by the county’s Board of Commissioners. The Board of Health is the administrative authority for the Health Department. Southern Seven Health Department is divided into two major divisions, Public Health and Head Start.

HEALTH DEPARTMENT DIVISION

Public Health Services

Maternal And Child Health/Clinical Services: Communicable Disease Control; Immunizations; Infant/Child Health; Maternal/Women’s Health Case Management; Chronic Disease; Women, Infant and Children (WIC) Program; Nutrition Counseling; and Diet Management.

Social Services: Family Life Education (FLE); Teen Pregnancy Prevention Program (TPPP); Personal Responsibility Education Program (PREP); and Parent/Child Education.

Environmental Health: Restaurant/Food Service/Grocery Sanitation Inspections; Private Sewage Inspections; Private Water Supply Inspection and Testing; Solid Waste and Nuisance Control; and Safety/Risk Management Activities.

Administration/Business Management: Fiscal accounting control and responsibility for the department’s sources of funding. Maintains integrity of policy and procedures established by the Board of Health, Administrator and provides support for operation.

HEAD START DIVISION

Head Start Services

The Southern Seven Head Start Program is federally funded for children ages 0-5. The Traditional Head Start Program is for children 3-5 years of age. An Education Program is provided to help prepare children for transition into Kindergarten. Health Screenings are provided as well as 2/3 of the nutrients a child needs each day.

The Early Head Start Program is specially designed to meet the unique developmental needs of children between the ages of birth to 36 months. A Home-Based Option is also available which provides an educational experience to the children and families during weekly visits. Twice per month a special day will be held at the center for all the parents and children.
Unless otherwise stated, the area code is (618) for all numbers listed in this directory.

HEALTH DEPARTMENT AND HEAD START LOCATIONS

Please contact your local Health Department or Head Start for days and hours of operation.

Administration Office
37 Rustic Campus Drive
Ullin, IL 62992
Phone ............................................. 634-2297
Fax .................................................. 634-9394

Alexander County
Health Department
3014 Elm Street
Cairo, IL 62914
Phone ............................................. 734-4167
Fax .................................................. 734-3923

Egyptian Early Learning Center
(located in Egyptian Elem. School)
20023 Diswood Road
Tamms, IL 62988
Phone ............................................. 776-5756
Fax .................................................. 776-5758

Hardin County
Health Department
IL Rt. 146, Building 2
P.O. Box 177
Elizabethtown, IL 62931
Phone ............................................. 285-6215
Fax .................................................. 285-6218

Hardin County Early Learning Center
(located in Hardin Co. Elementary School)
4 School Road
P.O. Box 313
Elizabethtown, IL 62931
Phone ............................................. 287-9098
Fax .................................................. 287-9099

Johnson County
Health Department
515 ½ East Vine Street
Vienna, IL 62995
Phone ............................................. 658-5011
Fax .................................................. 658-2547

Vienna Early Learning Center
513 East Vine Street
Vienna, IL 62995
Phone ............................................. 658-9229
Fax .................................................. 658-6064

Massac County
Health Department
1230 Commercial Park Road
Metropolis, IL 62960
Phone ............................................. 524-2212
Fax .................................................. 524-2900

Metropolis Head Start
416 East Ninth Street
Metropolis, IL 62960
Phone ............................................. 524-5222
Fax .................................................. 524-5322

Pope County
Health Department
106 N. Market Street
Golconda, IL 62938
Phone ............................................. 683-8022
Fax .................................................. 683-8122

Pope County Early Head Start
(located in Pope County Elem. School)
125 State Highway 146 West
Golconda, IL 62938
Phone ............................................. 683-0817
Fax .................................................. 683-2148

Pulaski County
Health Department
37 Rustic Campus Drive
Ullin, IL 62992
Phone ............................................. 634-9405
Fax .................................................. 634-2656

Mounds Head Start
327 N. Reader Street
Mounds, IL 62964
Phone ............................................. 745-6703
Fax .................................................. 745-9418

Union County
Health Department
260 Lick Creek Road
Anna, IL 62906
Phone ............................................. 833-8561
Fax .................................................. 833-6393
Thebes
Tamms
Cairo
Fire
IL. State Police Emergency
Sheriff
Suicide Prevention
Parent Help Hotline
Stop Smoking Hotline
Child Abuse/Neglect Hotline
Emergency
State Police Headquarters
Administra-
Phone
309 Cook Avenue
Jonesboro Early Learning Center
Phone
Dongola Early Learning Center
Phone
Cobden Early Learning Center
(Located in Cobden Elem. School)
413 North Appleknocker Drive
Cobden, IL 62920
Phone ........................................... 771-0745
Dongola Early Learning Center
(Located in Dongola Elem. School)
1000 High Street
Dongola, IL 62926
Phone ........................................... 771-0742
Jonesboro Early Learning Center
(Located in Jonesboro Elem. School)
309 Cook Avenue
Jonesboro, IL 62952
Phone ........................................... 771-0746
For more information or to enroll your child, please call any Head Start Center listed above or the Administration Office at 634-9340.

**EMERGENGY NUMBERS**

**State Police Headquarters – Ullin, IL**
Emergency ........................................ 845-3737
Non-Emergency ................................ 845-3740
Child Abuse/Neglect Hotline .......... 1-800-252-2873
Alcohol/Drug Abuse Hotline ....... 1-800-684-6303
Missing/Runaway Children ............. 1-800-232-5373
Poison Control Center ................. 1-800-942-5969
Stop Smoking Hotline ............... 1-800-422-6237
Rape/Assault Hotline ................ 1-800-656-4673
Domestic Violence Hotline ......... 1-800-799-7233
TTY ............................................. 1-800-787-3224
Spanish ........................................ 1-800-942-6908
Parent Help Hotline .................. 1-800-840-6537
Suicide Prevention .................. 1-800-273-8255

**Alexander County**
Sheriff ........................................ 734-2141
First Response for Emergency ...... 734-2131
IL. State Police Emergency ........ 845-3737
IL. State Police Non-Emergency .... 845-3740
Fire
Cairo ........................................ 734-2121
McClure ....................................... 661-1199
Tamms .......................................... 747-2141
Thebes .......................................... 764-2231
Police
Cairo ........................................ 734-2131 or 911
Tamms .......................................... 747-2326 or 734-2141
Tamms Emergency Dispatch ....... 747-2321
Thebes .......................................... 734-2141

**Hardin County**
Ambulance Service ................... 285-6622; 285-6634 or 911
Sheriff .......................................... 287-2271
Fire
Cave-In-Rock ............................... 289-3220
Elizabethtown .............................. 287-2011
Rosiclare ................................. 285-6800 or 911

**Johnson County**
Ambulance Service ................... 658-2131
Sheriff .......................................... 658-8264
Emergency Service .................. 911
Fire
Cypress Emergency ..................... 658-8264
Cypress Non-Emergency ............. 657-2906
Goreville Emergency ................ 911
Goreville Non-Emergency .......... 658-8264
Vienna Emergency ...................... 911
Vienna Non-Emergency ............. 658-2341

**Police**
Cypress Emergency ..................... 658-8264
Cypress Non-Emergency ............. 657-2906
Goreville ................................. 995-2157
Vienna ........................................ 658-8264

**Massac County**
All Emergencies Fire and Police .... 911
Massac Memorial Ambulance Service .. 524-2176
Sheriff .......................................... 524-2912
Civil Defense Unit ...................... 524-2002
Fire
Brookport Non-Emergency .......... 564-2351
Joppa Non-Emergency ............... 543-7320
Metropolis Non-Emergency ...... 524-2121
Massac County .......................... 524-3200

**Police**
Brookport Non-Emergency .......... 564-2351
Joppa Non-Emergency ............... 524-2912
Metropolis Non-Emergency ....... 524-2310

**Pope County**
Ambulance Service .................. 911
Emergency Service & Disaster Agency .. 683-5541
Sheriff .......................................... 683-4321
Fire ............................................. 253-3737
Fire Non-Emergency ................ 949-3789

**Pulaski County**
Emergency ................................. 911
Ambulance Service Business Office .... 342-6209
Sheriff .......................................... 748-9374; 748-9124
Fire
Grand Chain .............................. 748-9124
Karnak ......................................... 634-2223
Mound City .................................. 748-9221
Mounds ........................................ 911
Olmsted ....................................... 748-9212
Ullin Emergency .................................................. 911
Ullin City Hall Non-Emergency ............... 845-3612

Police
Grand Chain .................................................. 748-9374
Karnak City Hall ........................................... 634-9311
Mound City .................................................... 748-9226
Mounds ......................................................... 745-9426
Olmsted .......................................................... 748-9124

Union County
All Emergencies Fire & Police............... 911
Ambulance Dispatch ......................... 833-5500
Hospital ................................................. 833-4511; 833-5155
Sheriff Non-Emergency ............. 833-5500; 833-2844
Emergency Service & Disaster Agency 833-6445

Fire
Anna Non-Emergency ............. 833-2231

Police
Anna Non-Emergency ............. 833-8571

EDUCATIONAL SERVICES

Regional Office of Education #20 (For Pope & Hardin Counties)
Administration & Fiscal Office
512 North Main Street
Harrisburg, IL 62946
Phone ................................................. 253-5581
Website ........................................ www.roe20.org

Regional Office of Education #21 (For Johnson & Massac Counties)
407 North Monroe Street, Suite 300
Marion, IL 62959
Phone ............................................. 998-1283
Website ........................................... www.roe21.org

Regional Office of Education #30 (For Alexander, Pulaski, & Union Counties)
Jackson County Courthouse
1001 Walnut Street
Murphysboro, IL 62966
Phone .............................................. 687-7290
Website ............................................. www.roe30.org

Alexander County
Cairo School Dist. #1
4201 Sycamore
Cairo, IL 62914
Phone .............................................. 734-4102
Website ................................ www.cairoschooldistrict1.com
Parents as Teachers Program
Website ................................ www.parentsasteachers.org

Cairo Elementary School
3101 Elm Street
Cairo, IL 62914
Phone ............................................. 734-1027

Cairo JR/SR High School
4201 Sycamore
Cairo, IL 62914
Phone ............................................. 734-2187

Five County Regional Vocational System
1615 Commercial Ave.
Cairo, IL 62914
Phone ............................................. 734-4211

Egyptian Community Unit School Dist. #5
20023 Diswood Road
Tamms, IL 62988
Phone ............................................. 776-5306; 776-5251
Website ................................ www.egyptianschool.com

The Spark Academy
35559 Grapevine Trail
McClure, IL 62957
Phone ............................................. 747-9344

Olive Branch Christian Academy
22461 Railroad Street
Olive Branch, IL 62969
Phone ............................................. 776-6082

Hardin County
Hardin County School Dist. #1 K-12
Illinois Rt. 146 North
Elizabethtown, IL 62931
Phone ............................................. 287-2411; 287-7601
Website ................................... www.hardin.k12.il.us

Johnson County
Buncombe Elementary School Dist. #43
164 Main Street
PO Box 40
Buncombe, IL 62912
Phone ............................................. 658-8830
Website ..................... www.buncombegradeschool.com

Cypress Elementary School Dist. #64
4580 Mt. Pisgah Road
PO Box 109
Cypress, IL 62923
Phone ............................................. 657-2525
Website ..................... www.cypress.johnson.k12.il.us
Massac County Unit Dist. #1
401 Metropolis Street
Metropolis, IL 62960
Phone ........................................... 524-9376
Website ..................................... www.massac.org

Massac Junior High School
3028 Old Marion Road
Metropolis, IL 62960
Phone ........................................... 524-2645
Website ..................................... www.mjhs.massac.org

Massac County High School
1015 Filmore Street
Metropolis, IL 62960
Phone ........................................... 524-3440
Website ..................................... www.mchs.massac.org

Metropolis Elementary School
6846 Unity School Road
Brookport, IL 62910
Phone ........................................... 564-2582
Website ..................................... www.mes.massac.org

Unity Elementary School
6846 Unity School Road
Brookport, IL 62910
Phone ........................................... 564-2582
Website ..................................... www.mes.massac.org

Pope County
Pope County School Dist. #1 K-12
125 State Hwy 146 West
Golconda, IL 62938
Phone ......................................... 683-2301; 683-4011; 683-3071
Website ..................................... www.pope.k12.il.us

Pulaski County
Caledonia Christian Academy
10076 State Highway 37
Olmsted, IL 62970
Phone ........................................... 742-8223
Website ..................................... www.pope.k12.il.us

Century Community Unit School Dist. #100
4721 Shawnee College Road
Ullin, IL 62992
Phone ........................................... 845-3447
Website ..................................... www.centuryschooldistrict100.com

Century Elementary School
4819 Shawnee College Road
Ullin, IL 62992
Phone ........................................... 845-5712
Living Hope Fellowship Christian School
344 State Hwy 169
Karnak, IL 62956
Phone ........................................634-2541

Meridian Community Unit School Dist. #101
(High School & Elementary School)
1401 Mounds Road
Mounds, IL 62964
Phone ........................................342-6778
Website ................................ www.meridian101.com

Shawnee Community College
8364 Shawnee College Road
Ullin, IL 62992
Phone ........................................634-3200; (800) 481-2242
Website ................................ www.shawneecc.edu

Saline County
Southeastern Illinois College
3575 College Drive
Harrisburg, IL 62946
Phone ........................................252-5400; (866) 338-2742
Website ................................ www.sic.edu

Union County
Anna School Dist. #37
301 South Green Street
Anna, IL 62906
Phone ........................................833-6812
Website ................................ www.anna37.com

Jonesboro Community School Dist. #43
309 Cook Street
Jonesboro, IL 62952
Phone ........................................833-5148
Website ................................ www.jonesboro43.com

Lick Creek Community School District #16
7355 Lick Creek Road
Buncombe, IL 62912
Phone ........................................833-2545
Website ................................ www.lcschool.k12.il.us

Lincoln School
108 Warren Street
Anna, IL 62906
Phone ........................................833-6851

Shawnee Community Unit Dist. #84
3365 State Route 3 North
Wolf Lake, IL 62998
Phone ........................................833-5709
Website ................................ www.shawneedistrict84.com

Shawnee Junior-Senior High School
3365 State Route 3 North
Wolf Lake, IL 62998
Phone ........................................833-5307

Shawnee Elementary School
3365 State Route 3 North
Wolf Lake, IL 62998
Phone ........................................833-4975
SuCasa Migrant Head Start
8125 Old Highway 51 North
Cobden, IL 62920
Phone .................................. 893-4022; 893-4541

University of Illinois Extension Offices
Website ....................... www.web.extension.illinois.edu
502 Oakley Lane
Mounds, IL 62964
Phone .................................. 745-6310
208 East Main Street
PO Box 158
Vienna, IL 62995
Phone .................................. 658-5321
1438 West 10th Street
Metropolis, IL 62960
Phone .................................. 524-2270
Walnut Street
Elizabethtown, IL 62931
Phone .................................. 287-8673
Corner of Clara & Lewis
PO Box 97
Golconda, IL 62938
Phone .................................. 683-8555
515 East Vienna Street
Suite G
Anna, IL 62906
Phone .................................. 833-6363
34 Veterans Drive
PO Box 467
Harrisburg, IL 62946
Phone .................................. 252-8391

JAMP Special Education Services
251 West 2nd Street
PO Box 107
Grand Chain, IL 62941
Phone .................................. 634-2200
Website ................................ www.jampsped.org
Counties Served: Alexander, Johnson, Massac, Pulaski

Tri-County Education Cooperative
Website ................................ www.tcse.us
1725 Shomaker Drive
Murphysboro, IL 62966
Phone .................................. 684-2109

Tri-County School
PO Box 379
Anna, IL 62906
Phone .................................. 833-4541
Counties Served: Union

Wabash & Ohio Valley Special Education
800 South Division Street
Norris City, IL 62869
Phone .................................. 378-2131
Website ................................ www.wovsed.org

Child & Family Connections
Early Intervention Services
2751 West Main Street
Carbondale, IL 62903
Phone .................................(888) 340-6702; 529-3147
Website ................................ www.cfconnection.org
Counties Served: Alexander, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Union

Southern Illinois Talking Book Center
Shawnee Library System
607 South Greenbriar Road
Carterville, IL 62918
Phone .................................. 985-8375; (800) 455-2665

Division of Specialized Care for Children
Marion Regional Office
State Regional Office Building
2309 West Main Street, Suite 119
Marion, IL 62959
Phone .................................(800) 451-0464; 997-4396
Website ................................ www.uic.edu.hsc.dscc
Counties Served: Alexander, Hardin, Johnson, Massac, Pulaski, Pope, Union

Family Matters Parent Training & Information Center
1901 South 4th Street, Ste. 209
Effingham, IL 62401
Phone .................................. (866) 436-7842
Website ................................ www.fmptic.org

J.R.'s Centre
Building Skills, Promoting Independence
100 Florsheim Drive
Anna, IL 62906
Phone .................................. 833-4956

Cairo Public Library
1609 Washington Avenue
Cairo, IL 62914
Phone .................................. 734-1840
Dodge Memorial Library
22434 Railroad
Olive Branch, IL 62969
Phone ..................................776-5115

Rosiclare Memorial Public Library
Main Street
Rosiclare, IL 62982
Phone ..................................285-6213

Vienna Public Library
401 Poplar Street
Vienna, IL 62995
Phone ..................................658-5051

Brookport Public Library
7415 South US 45 Road
Brookport, IL 62910
Phone ..................................564-3630

Metropolis Public Library
317 Metropolis Street
Metropolis, IL 62960
Phone ..................................524-4312

Golconda Public Library
Main Street
Golconda, IL 62938
Phone ..................................683-6531

Mounds Public Library
418 1st Street
Mounds, IL 62964
Phone ..................................745-6610

Mound City Public Library
224 High Street
Mound City, IL 62963
Phone ..................................748-9427

Olmsted Library
140 North Front Street
Mounds, IL 62964
Phone ..................................742-8296

Dongola Public Library
114 North East Front Street
Dongola, IL 62926
Phone ..................................827-3622

Jonesboro Public Library
412 South Main Street
Jonesboro, IL 62952
Phone ..................................833-8121

Stinson Memorial Library
409 South Main Street
Anna, IL 62906
Phone ..................................833-2521
Website ..................................www.stinsonlibrary.org

Cobden Branch Library
100 South Front Street
Cobden, IL 62920
Phone ..................................893-4637

Wolf Lake Branch Library
4720 State Rt. 3 North
Wolf Lake, IL 62998
Phone ..................................833-4923

GOVERNMENT

Alexander County Courthouse
2000 Washington Street
Cairo, IL 62914
Circuit Clerk ................................734-0107
Traffic Department..........................734-7003
County Clerk ................................734-7000
State’s Attorney .............................734-0408
Probation Office ............................734-2192

Hardin County Courthouse
1 Market Main Street
Elizabethtown, IL 62931
Circuit Clerk ................................287-2735
County Clerk ................................287-2251
State’s Attorney .............................287-7062

Johnson County Courthouse
Vienna, IL 62995
Circuit Clerk ................................658-4751
County Clerk ................................658-3611
State’s Attorney .............................658-9318
Probation Office ............................658-2841

Massac County Courthouse
101 West 8th Street
Metropolis, IL 62960
Circuit Clerk ................................524-9359
Juror Information ..........................524-5011
County Clerk ................................524-5213
State’s Attorney .............................524-2587
Probation Office ............................524-7080

Pope County Courthouse
310 E. Main Street
Golconda, IL 62938
Circuit Clerk ................................683-3941
County Clerk ................................683-4466
Senator Dale Fowler (R) – District 59
M103F Capital Building
Springfield, IL 62706
Phone: (217) 782-8137

US Senator Richard Durbin (D)
711 Hart Senate Office Building
Washington, DC 20510
Phone: (202) 224-2152
Website: www.durbin.senate.gov

Pulaski County Courthouse
500 Illinois Avenue
Mound City, IL 62963
Circuit Clerk: 748-9300
County Clerk: 748-9360
State’s Attorney: 748-9134
Probation Office: 748-9643
Public Defender: 748-9040
County Assessor: 748-9321

US Senator Tammy Duckworth (D)
524 Hart Senate Office Building
Washington, DC 20510
Phone: (202) 224-2854
Website: www.duckworth.senate.gov

US Congressman Mike Bost (R) – 12th District
1440 Longworth House Office Building
Washington, DC 20515
Phone: (202) 225-5661
Website: https://bost.house.gov/

Union County Courthouse
311 West Market Street
Jonesboro, IL 62952
Circuit Clerk: 833-5913
County Clerk: 833-5711
State’s Attorney: 833-7216
Probation Office: 833-7913

Hardin County Medical Clinic
226 Main Street
Rosiclare, IL 62982
Phone: 285-3930

Representative David Friess (R) – District 115
216-N Stratton Office Building
Springfield, IL 62706
Phone: (217) 782-1018

MEDICAL SERVICES

Community Health & Emergency Services, Inc.
Administration Office
1250 Cedar Court
Carbondale, IL 62901
Phone: (217) 683-2221
Website: www.chesi.org

Emergency Services, Inc.
Cairo Diagnostic Center
13289 Kessler Road
Cairo, IL 62914
Phone: 734-1500

Carbondale, IL 62901
1250 Cedar Court
Phone: 683-2221
Website: www.chesi.org

Dixon Chiropractic Center
1206 N Stratton Office Building
Springfield, IL 62706
Phone: (217) 782-0387

Hardin County Dental Clinic
226 Main Street
Rosiclare, IL 62982
Phone: 285-6191

Governor JB Pritzker (D)
207 State House
Springfield, IL 62706
Phone: (217) 782-6830
Website: www.illinois.gov

US Congressman Mary Miller (R) – 15th District
1529 Longworth House Office Building
Washington, DC 20515
Phone: (202) 225-5271
Website: https://marymiller.house.gov/

US Congressman Mike Bost (R) – 12th District
1440 Longworth House Office Building
Washington, DC 20515
Phone: (202) 225-5661
Website: https://bost.house.gov/

Representative Paul Jacobs (R) – District 118
234-N Stratton Office Building
Springfield, IL 62706
Phone: (217) 782-0387

Hardin County Medical Clinic
IL Route 146, Building 2
Elizabethtown, IL 62931
Phone: 285-6191

Hardin County Dental Clinic
226 Main Street
Rosiclare, IL 62982
Phone: 285-3930

Pope County Clinic
217 South Adams Street
Golconda, IL 62938
Phone: 683-3781

Pulaski Clinic
100 Market Street
Pulaski, IL 62976
Phone: 342-6767

Pulaski Clinic
100 Market Street
Pulaski, IL 62976
Phone: 342-6767

Tamms Community Health Center
290 Railroad Street
Tamms, IL 62988
Phone: 747-2391

Counties Served: Alexander, Hardin, Jackson,
Pope, Pulaski, & Saline
Services: Provides primary medical, dental, and
behavioral healthcare and specialty services.
426 South Blanche
Mounds, IL 62964
Phone ............................................. 745-6894

Diversified Rehab Services
426 South Blanche
Mounds, IL 62964
Phone ............................................. 745-9419
Website ........................................ www.dixonchirocenter.com

**Hardin County General Hospital & Clinic**
Hospital
6 Ferrell Road
Rosiclare, IL 62982
Phone ............................................. 285-6634
Clinic
1 Ferrell Road
Rosiclare, IL 62982
Phone ............................................. 285-2800

**High Chiropractic Center**
122 North 4th Street
Vienna, IL 62995
Phone ............................................. 658-9411

**Real Rehabilitation Center**
811 North 1st Street
Vienna, IL 62995
Phone ............................................. 658-8144

**Goreville Medical Center**
400 South Broadway
Goreville, IL 62939
Phone ............................................. 995-1002

**Comprehensive Health Center**
1204 West 10th Street
Metropolis, IL 62960
Phone ............................................. 524-2284

**Family Physician’s Center**
1203 West 10th Street
Metropolis, IL 62960
Phone ............................................. 524-3795

**Massac Memorial Hospital & Medical Clinic**
28 Chick Street (hospital)
1204 W. 10th Street (clinic)
Metropolis, IL 62960
Phone .................. 524-2176(hospital); 524-3572(clinic)
Website .................. www.massachealth.org

**Baptist Healthcare System**
718 E. Fifth Street
Metropolis, IL 62960
Phone ............................................. 940-0034

**Optometrist**
Dr. Gary T. Brush
1801 East 5th Street
Metropolis, IL 62960
Phone ............................................. 524-9323

**Moreland Eye Care**
Website .................. www.morelandeyecare.com

**Marion Eye Center**
Website .................. www.marioneyecenters.com

**Rural Health, Inc.**
Website .................. www.ruralhealthinc.org

**Union County Hospital & Clinic**
517 North Main Street
Anna, IL 62906
Phone ............................................. 833-4511
Website .................. www.unioncountyhospital.com
318 North Old Highway 51
Dongola, IL 62926
Phone ................................................. 827-3545

Vienna Medical Clinic
803 North 1st Street
Vienna, IL 62995
Phone .................................................. 658-2811

Goreville Medical Clinic
400 South Broadway
Goreville, IL 62939
Phone .................................................. 995-1002

Metropolis Medical Clinic
1003 E. 5th Street
Metropolis, IL 62960
Phone ................................................. 524-7499

Shawnee Health Services
Website ............................................. www.shsdc.org
Illinois Centre Healthcare – Dental Centre
3115 Williamson County Parkway
Marion, IL 62959
Phone .................................................. 969-8600
Shawnee Health Care
400 South Lewis Lane
Carbondale, IL 62901
Phone .................................................. 519-9901

SIUC Dental Hygiene Clinic
School of Allied Health
College of Applied Sciences and Arts
Southern Illinois University Carbondale
1365 Douglas Drive
Mailcode: 6615
Carbondale, IL 62901
Phone .................................................. 453-8826
Website ............................................. www.sah.siuc.edu

SIUE School of Dental Medicine Clinic
2800 College Avenue
Alton, IL 62002
Phone .................................................. 474-7000
Website ............................................. www.siue.edu/dentalmedicine

Carterville Dental Center
809 South Division Street
Carterville, IL 62918
Phone .................................................. 985-4200

Dr. Robin Wetherell
805 North 1st Street
Vienna, IL 62995
Phone .................................................. 658-8361

Dr. Don Akridge
35 Old Bloomfield Road
Vienna, IL 62995
Phone .................................................. 658-9732

Dr. Kyle Heine
44 Jon Street
Metropolis, IL 62960
Phone .................................................. 524-7303

Dr. Bruce Redenour
20 Jon Street
Metropolis, IL 62960
Phone .................................................. 524-7790

Dr. John Shelton
1015 Market Street
Metropolis, IL 62960
Phone .................................................. 524-8011

Rice Orthodontics
44 Jon Street
Metropolis, IL 62960
Phone ............................................. (877) 452-0979; (270) 534-1991
Website ............................................. www.riceortho.com

Dr. Peter Ciampa
200 Medical Center Drive
Paducah, KY 42003
Phone .................................................. (270) 442-4374

Dr. James Bowman
126 South Adams Street
Golconda, IL 62938
Phone .................................................. 683-3242

SOCIAL SERVICES

Anna Bixby Women’s Center
213 South Shaw Street
Harrisburg, IL 62946
Phone .................................................. 252-8389
Counties Served: Hardin, Johnson, Pope
Services: Adult Abuse; 24 hour help line; Call collect for counseling, advocacy, legal advocacy, children’s program, safe homes, emergency transportation, education and employment programs, parenting skills, community education, and homeless youth advocacy.

Women’s Center Domestic Violence Program
100 Tower Square Plaza
Marion, IL 62959
Phone .................................................. 997-0949
Services: Adult Abuse; Counseling to women and children.

Purchase Area Sexual Assault Center
P.O. Box 8506
Paducah, KY 42002
Phone ...........(800) 928-7273 or (270) 534-4422
Website .................................. www.pasacky.org
Services: 24 hour helpline; Therapy for victims of sexual crimes; Legal and medical advocacy; Forensic services provided.

Cairo Women’s Shelter
P.O. Box 911
Cairo, IL 62914
Phone .................................... 734-4357
Counties Served: Alexander, Massac, Pulaski, Union

Southern Pride Senior Program/Happy Days Senior Center
2728 Martin Luther King Blvd.
Cairo, IL 62914
Phone .................................... 734-1050

Arrowleaf
Alexander Co.
1401 Washington Avenue
Cairo, IL 62914
Phone .................................... 734-2665
Hardin Co.
147 N. Main Street
Elizabethtown, IL 62931
Phone .................................... 287-7010
Johnson Co.
406 East Vine Street
Vienna, IL 62995
Phone .................................... 658-4007
101 Oliver Street
Vienna, IL 62995
Phone .................................... 658-3079
Pope Co.
125 N. Market Street
Golconda, IL 62938
Phone .................................... 683-2461
Union Co.
204 South Street
Anna, IL 62906
Phone .................................... 833-8551
24/7 Crisis Line ................................ 658-2611
Website .................................. www.myarrowleaf.org

Guardian Family Services Center
117 W. 10th Street
Metropolis, IL 62960
Phone .................................... 524-4357

Massac County Domestic Violence Services
Metropolis, IL 62960
Phone .................................... 524-4357

Union County Domestic Violence Services
Jonesboro, IL 62952
Phone .................................... 833-4382
Services: (Guardian, Massac Co. Domestic, & Union Co. Domestic) 24 hour hotline; Staff on duty at the shelter 24 hours a day; Shelter provided; Advocacy; Counseling; Transportation; Information & referrals to battered women and children; 3 night homeless shelter; Child group activities.

The Women’s Center Inc.
610 South Thompson Street
Carbondale, IL 62901
Phone .................................... 549-4807
Website .................................. www.thewomenscrt.org
Services: Supporting survivors of violence & promoting a safer community.

Good Samaritan House
701 South Marion Street
Carbondale, IL 62901
Phone .................................... 457-5794

IL. Department of Children & Family Services
108 Denny Industrial Drive
Anna, IL 62906
Phone .................................... 833-4449
1315 Washington
Cairo, IL 62914
Phone .................................... 734-0858
324 East Raymond
Harrisburg, IL 62946
Phone .................................... 253-7604
200 West 5th Street
Metropolis, IL 62960
Phone .................................... 524-2428
Website .................................. www.illinois.gov
Counties Served: Alexander, Hardin, Johnson, Massac, Pope, Pulaski, & Union
Services: Child welfare counseling & treatment; Child abuse & neglect investigations; Foster care; Daycare; Adoption & homemaker services

Lutheran Social Services
504 West Main Street
Vienna, IL 62995
Phone .................................... 658-9512
540 North Commercial Street
Harrisburg, IL 62946
Phone .................................... 252-7361
1615 West Main Street
Marion, IL 62959
Phone .................................... 997-9196
Website .................................. www.lssi.org
Counties Served: Hardin, Johnson, Massac, Pope
Services: Provision of services for children including welfare, adoption, abuse, neglect, and counseling

**Two Rivers Child Advocacy Center**
109 Denny Industrial Drive
Anna, IL 62906
Phone ........................................... 833-7470
Website ...................................... www.tworiverscac.com
Services: Our mission is to coordinate a timely, comprehensive and multidisciplinary response to child sexual abuse and serious physical abuse allegations in a safe, agency-neutral, and child-focused setting. The CAC will facilitate investigations, medical and treatment referrals, as well as assist with any consequent legal proceeding in order to protest on behalf of and support the children and their families.

**Child Care Resource & Referral (CCR&R)**
John A. Logan College
700 Logan College Road (mailing address)
607 S. Greenbriar (office location)
Carterville, IL 62918
Phone ...................................... 985-5975; (800) 548-5563
Website ...................................... www.jalc.edu/ccrr
Services: Our mission is to enhance the quality of children’s lives, with an emphasis on improving the accessibility, affordability, and quality of child care and early education in the southern fifteen counties in Illinois. Please call the number listed above for a current list of Daycare Providers in your area.

**Child Support Enforcement**
Phone ...................................... (800) 447-4278
Website ...................................... www.ilchildsupport.com

**Social Security Administration**
Phone ...................................... (800) 772-1213
Website ...................................... www.ssa.gov
250 West Cherry Street, Room 104
Carbondale, IL 62901
Phone ...................................... 457-3618
 Counties Served: Alexander, Massac, & Pulaski
18 Veterans Drive
Harrisburg, IL 62946
Hardin, Johnson, & Pope

**US Veteran’s Administration**
Phone ...................................... (800) 827-1000
Website ...................................... www.va.gov
617 Walnut Street
Murphysboro, IL 62966
Phone ...................................... 684-2966
2309 West Main Street
Marion, IL 62959

**National Drug/Alcohol Abuse Hotline**
Phone ...................................... (800) 662-4357

**Alcoholic’s Anonymous**
134 Wildwood Drive
Carbondale, IL 62902
Phone ...................................... 549-4633

**Fellowship House, Inc.**
800 North Main Street
Anna, IL 62906
Phone ...................................... 833-4456

Services: Detox; Residential rehabilitation; Intensive outpatient; Adult/youth outpatient; Problem gambling program & prevention.

**VitalChek Express Certificate Service**
Website ...................................... www.vitalchek.com
Services: To obtain birth certificates and other vital records.

**IL, State of Public Health Department of Finance & Administration**
Vital Records – Births, Deaths, Adoption
605 West Jefferson Street
Springfield, IL 62970
Phone ...................................... (217) 782-6553

**Jackson County Courthouse**
ATTN: County Clerk
1001 Walnut Street
Murphysboro, IL 62966
Phone ...................................... 687-7360

**Williamson County Courthouse**
200 West Jefferson
Marion, IL 62959
Phone ...................................... 997-1301

**IL, Department of Employment Security**
Website ...................................... www.ides.state.il.us
Phone ...................................... 800-244-5631
333 Potomac Boulevard, Suite E
Mt. Vernon, IL 62864

**Employment Services Only**
701 North Commercial, Ste 6A
Harrisburg, IL 62946
Illinois Star Center
3000 West DeYoung, Ste 800B
Marion, IL 62959
Shawnee Development Council, Inc.
Administrative Office
530 West Washington Street
P.O. Box 298
Karnak, IL 62956
Phone ........................................ 634-2201
Website ........................................ www.shawneedevelopment.org
Services: Community Food Distribution; Economic Development Loan Program; Energy Conservation & Housing Rehab (ECHR); Fiscal Department; IDHS Homeless Prevention Program; Illinois Home Weatherization Assistance Program (IHWAP); Low Income Home Energy Assistance Program (LIHEAP); Retired & Senior Volunteer Program (RSVP); Senior Companion Program (SCP); Trade Adjustment Assistance (TAA); Community Care Program (CCP); Community Services Block Grant (CSBG); Emergency Assistance Program; Family & Community Development (FCD); Housing Program; Illinois Employment & Training Center (IETC); Individual Development Account (IDA); NOAA Weather Radio; Scholarship Program; Title V Senior Community Service Employment Program; and Workforce Investment Act (WIA)
Alexander & Pulaski Counties
1401 Washington Avenue
Cairo, IL 62914
Phone ........................................ 734-0535
IL. Employment & Training Center ....734-9034
Hardin County
Courthouse Annex
P.O. Box 168
Elizabethtown, IL 62931
Phone ........................................ 287-7071
Massac County
1 Superman Square
Room 1C
Metropolis, IL 62960
Phone ........................................ 524-2941
Pope County
212 Decatur Street
P.O. Box 366
Golconda, IL 62938
Phone ........................................ 683-2107
WIA Case Management
Shawnee Community College
8364 Shawnee College Road
Ullin, IL 62992
Phone ........634-3293; (800) 481-2242, Ext: 3293
Union County
Choate Mental Health Center
1000 North Main Street
P.O. Box 439
Anna, IL 62906
Phone ........................................ 833-7431

Housing Authority
Alexander County
1101 Ohio Street
Cairo, IL 62914
Phone ........................................ 734-1910
Hardin County
1 Walnut Street
Elizabethtown, IL 62931
Phone ........................................ 287-7786
Website...www.hardincountyhousingauthority.com
Johnson County
501 North 4th Street
Vienna, IL 62995
Phone ........................................ 658-5811
Massac County
1209 East 5th Street
Metropolis, IL 62960
Phone ........................................ 524-8411
Pope County
802 South Franklin Street
Golconda, IL 62938
Phone ........................................ 683-4791
Pulaski County
130 Richland Terrace
Mounds, IL 62964
Phone ........................................ 745-3134
Union County
131 Hillside Terrace
Anna, IL 62906
Phone ........................................ 833-5129

Habitat For Humanity
Franklin County
PO Box 34
Benton, IL 62812
Phone ........................................ 435-2742
Jackson & Union Counties
PO Box 1064
Carbondale, IL 62903
Phone ........................................ 457-8480
Williamson County
Marion, IL 62959
Phone ........................................ 997-3134

Country Village Apartments
901 Galeener Street
Vienna, IL 62995
Phone ........................................ 658-8161

Knollwood Apartments
112 Leigh Avenue
Anna, IL 62906
Phone ........................................ 833-7766
Daystar Community Program
909 Washington Avenue
Cairo, IL 62914
Phone ........................................... 734-0178
Counties Served: Alexander, Pulaski
Hours of Operation: M T TH F - 9:30 a.m. - 1 p.m.
Services: Thrift store; Soup kitchen, Food pantry;
Outreach program which includes assistance with
utilities, rent, medical, food, transportation and
advocacy. For services to be received, individuals
must have a form of identification, proof of
income, and information on services needed.

Heartland Church
4777 Alben Barkley Drive
Paducah, KY 42001
Phone ........................................... 270-534-1400
Website ...................... https://heartlandpaducah.com/

Grace Church
Feed My Lambs Food Pantry
102 E. 20th Street
Metropolis, IL 62960
Phone (emergency) ...................... 309-2427
Website ................. www.gracechurchmetropolis.com

Vienna First Baptist Church
7th & Washington
Vienna, IL 62995
Phone ........................................... 658-3741
County Served: Johnson

Senior Citizens Nutrition Whistler's
60 Rt 37
Goreville, IL 62939
Phone ........................................... 658-8140
County Served: Johnson

Faith Alive Thrift Store
112 North 4th Street
Vienna, IL 62995
200 East Plaza Drive
Carterville, IL 62918
Phone ...........................................985-8311
Website .................................... www.egyptianaaa.org

Living Hope Fellowship Church Food Pantry
344 State Hwy 169
Karnak, IL 62956
Phone ...........................................634-2541
County Served: Pulaski

Karnak Baptist Church Food Pantry
3rd & Main Street
Karnak, IL 62956
Phone ...........................................634-2436
County Served: Pulaski

Caledonia Community Church Food Pantry
10076 State Route 37 N.
Olmsted, IL 62970
Phone ...........................................742-8223

Anna First Baptist Church
409 Morgan Street
Anna, IL 62906
Phone ...........................................833-5416
County Served: Union

Anna United Methodist Church
111 West Monroe Street
Anna, IL 62906
Phone ...........................................833-2234
Website ...... www.unitedmethodistchurchanna.org
County Served: Union

Bethany Village
414 East Davie Street
Anna, IL 62906
Phone ...........................................833-1777
County Served: Union

Share & Care
2940 Friendship Church Road
Dongola, IL 62926
Phone ...........................................827-3855
County Served: Union

Good Samaritan Ministries
701 South Marion Street
Carbondale, IL 62901
Phone ...........................................457-5794
County Served: Jackson

American Cancer Society
4503 West DeYoung Street, Suite 200C
Marion, IL 62959
Phone ...........................................998-9898
Website ..................................... www.cancer.org

American Red Cross
Phone ...............(800) 733-2767 (RED CROSS)
Website ..................www.redcross.org
Counties Served: Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Randolph, Saline, Union, Williamson

Governor’s Office of Citizen’s Assistance
Phone ......................(800) 642-3112

IL. State of Attorney General’s Office
1001 East Main Street
Carbondale, IL 62901
Phone ..............(800) 243-0607; 529-6400
Website ........... www.illinoisattorneygeneral.gov

Lions of Illinois Foundation
2814 DeKalb Avenue
Sycamore, IL 60178
Phone ..............(800) 995-5466; (815) 756-5633
Website ..........www.lionsofillinoisfoundation.org
Services: The foundation provides quality programs and services to the people of Illinois for the detection, treatment, and rehabilitation of visual and hearing impairments.

MAP Training Center
504 East 7th Street
Karnak, IL 62956
Phone .........................634-9401
Counties Served: Alexander, Massac, Pulaski

Muscular Dystrophy Association
3095 Lexington Avenue, Building B, #400
Cape Girardeau, MO 63701
Phone ...............(573) 335-4400
Website ..................www.mda.org

Rave Rehabilitation & Vocation Education Program Inc.
214 West Davie Street
Anna, IL 62906
Phone .........................833-8525
Counties Served: Union

Children’s Medical & Mental Health Resource Network
SIU School of Medicine
P.O. Box 179
Anna, IL 62906
Phone .........................833-6488
Website ...................www.siumed.edu/cmmhrn

School for the Hearing Impaired
801 East Reeves Street
**Shriners Hospitals for Children**
2001 South Lindberg Blvd.
St. Louis, MO 63131
Phone: (314) 432-3600
Website: www.shrinershq.org

Services: Shriners is an international pediatric specialty hospital system providing care to children with orthopedic conditions, burns, spinal cord injuries and cleft lip and palate. Patients receive expert care centered around their needs – physical, mental, & emotional – provided by world-renowned physicians, surgeons, therapists, and other medical staff. All care at Shriners is provided without financial obligation to parents or their families.

**IL. Association for Home and Community Education**

Phone: (Teresa Althoff) 845-9069
(Betty Shumaker) 634-2212
(June Badgely) 634-2367

Website: www.iahce.org

Services: IAHCE Members volunteer their time, skills, and energy to improve the lives in our home and community. They provide opportunities to strengthen family units, provide practical skills needed for everyday life, promote scholarship funds, and provide experience for community involvement.

Counties Served: Alexander & Pulaski

**IL. Children’s Mental Health Partnership (ICMHP)**

Family Leadership Support Initiative
Community Counseling Center
2615 Edwards Street
Alton, IL 62002
Phone: 462-2331

Website: www.icmhp.org

Services: The ICMHP is a comprehensive, compassionate, family-driven system of mental health community education, resources, services, and support for all families. The goal of the imitative is to provide families support in all aspects of promoting their child’s optimal social and emotional development and mental well-being. Community led parent groups are available throughout the five regions of the state of Illinois.

**IL. Department of Human Services (DHS)**

Phone: (800) 843-6154

Website: www.dhs.state.il.us

Alexander & Pulaski County
422 South Blanche Street
Mounds, IL 62964
Phone: 745-9411

Hardin & Pope Counties
320 W. Raymond Street
Harrisburg, IL 62946
Phone: 253-7161

Johnson & Union Counties
1000 North Main Street
Anna, IL 62906
Phone: 833-2118

Massac County
2301 Metropolis Street
Metropolis, IL 62960
Phone: 524-2631

**The Lighthouse Shelter**
1101 North Madison Street
Marion, IL 62959
Phone: 993-8180

Website: www.thelighthouseshelter.com

Services: Emergency shelter serving the homeless of Southern Illinois.

**Rides Mass Transit District**

Administrative Office
1200 West Poplar Street
Harrisburg, IL 62946
Phone: 253-8761

Website: www.ridesmtd.com

Hardin County
PO Box 190
Rosiclare, IL 62982
Phone: 285-3371

Pope County
Phone: (877) 667-6122

Services: Rides is a federally funded public transportation system. Service is available to anyone needing transportation. Rides provides door-to-door and established route service. Rides schedules out of district trips to enable passengers access to major medical facilities, shopping centers, employment sites, and educational centers.

**Shawnee MTD Public Transportation**
100-102 Smart Drive
Vienna, IL 62995
Phone: 658-8380 or (866) 577-6278

Website: www.shawneemtd.com
Services: The Shawnee Mass Transit District is a state and federally funded, 501(c)(3) nonprofit public transportation provider serving the five southernmost counties in Illinois: Alexander, Johnson, Massac, Pulaski and Union. Shawnee MTD’s mission is to provide safe, affordable and effective transportation to all the citizens of our five-county district, with emphasis on service to seniors, the disabled and the economically disadvantaged. The District approaches its mission in a way that will make these communities more livable by increasing the availability of necessary services and maximizing employment opportunities.

Farm Resource Center
226 Main Street
Mound City, IL 62963
Phone ........................................ (877) 633-3372
Website ........................................ www.frci.org
Services: The Farm Resource Center is a not-for-profit agency established expressly to respond to the needs of rural families in crisis. FRC has programs working for farmers, laborers, miners (including their respective families) and at-risk abused and neglected children. FRC also has a program that covers the needs of Post Adoption and Guardianship children and their families.

Massac County Mental Health
206 West 5th Street
Metropolis, IL 62960
Phone ........................................ 524-9368

Hope Unlimited
305 Lincoln Street
Metropolis, IL 62960
Phone ........................................ 524-5730

Union County Counseling Center
204 South Street
Anna, IL 62906
Phone ........................................ 833-8551
Website ........................................ www.uccsinc.org

Land of Lincoln Legal Assistance Foundation, Inc.
Old National Bank Building, Third Floor
509 South University Avenue
Carbondale, IL 62901
Phone .........................457-7800 or (800) 642-5335
Website ........................................ www.lollaf.org
Services: Land of Lincoln is an Illinois not-for-profit corporation. We provide free civil legal services to low-income persons and senior citizens in 65 counties in central and southern Illinois. Our mission is to pursue civil justice for low-income persons through representation and education.

Shawnee Alliance For Seniors
6355 Brandhorst Drive
Carterville, IL 62918
Phone .................................985-8322; (800) 642-7773
Website ........................................ www.shsdc.org
Counties Served: Alexander, Franklin, Gallatin, Hardin, Jackson, Johnson, Massac, Perry, Pope, Pulaski, Saline, Union, Williamson

Addus Health Care Services
Adult Day Services
900 Skyline Drive, Suite 200
Marion, IL 62959
Phone ........................................ 998-2032
Home & Community Services
Anna/Marion
Phone ........................................ 997-8008
Private Duty & Home Health Care
Marion
Phone .................................997-6565 or (866) 482-3387
Website ........................................ www.addus.com
Services: Addus provides comprehensive health care services including skilled nursing, personal care aides, and rehabilitation.

Lourdes Hospice and Palliative Care
616 Market Street
Metropolis, IL 62960
Phone .........................524-3757 or (800) 595-3647
Website ........................................ www.loures-pad.org
Services: Hospice and Palliative Care is dedicated to supporting patients and their families throughout life during times of transition, illness, death, and grief.

Gateway Drug Rehab
1080 E. Park Street
Carbondale, IL 62901
Phone .................................(877) 303-9429
Website ........................................ www.recovergateway.org

Center for Autism Spectrum Disorders
625 Wham Drive
Carbondale, IL 62901
Phone .................................536-2122
Website ........................................ www.autismspeaks.org

Autism Society of Southern Illinois
101-193 E. Main Street
P.O. Box 2621
Carbondale, IL 62901
Phone .................................(314) 690-3855
Website ........................................ www.autismsocietysi.wixsite.com/mysite
University Autism Center
611 N. Fountain Street
Cape Girardeau, MO 63701
Phone ........................................ (573) 986-4985
Website .................. www.semo.edu/autismcenter

Kenny Rogers Children’s Center
300 Floyd Ave.
Sikeston, MO 63801
Phone ........................................ (573) 472-0397
Website .................. www.kennyrogerscenter.org

Dongola First Baptist Church
203 E. Cross Street
Dongola, IL 62926
Phone ........................................ 827-4391
Website .................. www.dongolafirst.com
Services: Food Pantry the first and third Wednesday’s from 10 a.m. – 11 a.m. Call on Monday. Receive food one time per month.

Massac County General Assistance
1 Superman Square
Metropolis, IL 62960
Phone ........................................ 524-5012

Emmanuel Temple
509 Broadway
Metropolis, IL 62960
Phone ........................................ 638-7099
Services: Emergency Food Pantry

Hope Unlimited - Family Care Center
305 Lincoln Street
Metropolis, IL 62960
Phone ........................................ 524-5730
Website .................. www.hopeunlimitedfcc.org

Salt & Light New Beginnings Baptist Church
718 E. 12th Street
Metropolis, IL 62960
Phone ........................................ 638-3388
Services: Clothing, household items and furniture at no cost to anyone in need. Open the second and fourth Saturday of each month from 9 a.m. to 12 p.m.

Centerstone
Phone ........................................ (877) 467-3123
Website .................. www.centerstone.org
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