



NEWS RELEASE



For Immediate Release

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(8/7/24) – Union County WIC Recipients to Receive Farmers Market Vouchers (Redeemable at Union County Farmers Market)

Now through October 31, Union County families enrolled in the Special Supplemental Nutrition Program Women, Infants, and Children's (WIC) through Southern 7 Health Department can receive a booklet of \$30 in Farmers Market checks, in addition to their regular monthly allotment, to spend at Union County Farmers Market in Anna or Bass Farms in Cobden.

"The program is a win-win for both families and farmers," said Hillary Meisenheimer, Southern 7 Assistant Program Manager for Maternal Child Health. "Families who receive the voucher can use it to buy fresh fruits, vegetables, and herbs of their choice from local farmers, while the farmers can cash the vouchers in for payment. It's a great way to give families more choices when it comes to feeding their family and the opportunity to support our local farmers and communities."

Union county WIC families can pick up Farmers Market checks at their next appointment or anytime Monday-Friday 8:30-4:00 at the Southern 7 Clinic at 260 Lick Creek Road. Participants will also receive a free gift and be entered to win a Nutribullet Blender System at the end of the Farmers Market season.

WIC is a federally funded program through the U.S. Department of Agriculture that provides federal grants to states to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. WIC is available at each Southern 7 Public Health Clinic.

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To find out if you qualify for WIC and the Farmers Market Nutrition Program through Southern 7 Health Department call your local Southern 7 clinic, visit Southern Seven WIC on Facebook at <https://www.facebook.com/S7WIC>, at www.southern7.org, and through the Southern 7 App. Farm vendors who are interested in participating in the FMNP can contact Hillary Meisenheimer at 618-833-8561.

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