

For Immediate Release

For information contact: Shawnna Rhine, Community Outreach Coordinator/Public Information Officer

Southern 7 Health Department & Head Start

Phone: 618-845-2442 or 618-634-2297 ext. 9161 Cell: 618-614-9223 Email: srhine@s7hd.org

REVISED

(9/20/24) - Southern 7 Health Department Schedules Drive-Thru Flu and COVID Shot Clinics

Southern 7 Health Department (S7HD) has scheduled several community drive-thru flu and COVID-19 vaccination clinics throughout its service region this October for those 18 and older. Residents are encouraged to get their shots to reduce the overall burden of respiratory illnesses. According to the CDC, it is possible to have the flu, as well as other respiratory illnesses, including COVID-19 at the same time.

Drive-Thru Flu Vaccine Clinics Scheduled: (Dates and times subject to change without notice		
October 3	Vienna City Park	10:00 AM – 2:00 PM
October 7	Rise Market, Cairo	10:00 AM – 2:00 PM
October 9	Golden Circle Senior Center, Golconda	9:30 AM – 2:30 PM
October 10	Davie Street Parking Lot, Anna	10:00 AM – 2:00 PM
October 16	Golden Circle Senior Center, Elizabethtown	9:30 AM – 2:30 PM
October 23	Southern 7 Public Health Clinic, Ullin	9:00 AM – 1:00 PM
October 23	Cairo Airport	11:00 AM – 3:00 PM
October 25	Fort Massac State Park, Metropolis	9:30 AM - 3:00 PM

Trivalent Regular and High Dose flu vaccine (for those 65 and older) and the new COVID-19 vaccine will be available without an appointment at each drive-thru clinic while supplies last. Patients can receive one or both vaccines during their visit. Those getting a shot are asked to wear clothing that does not restrict access to the upper arm.

The CDC recommends getting your flu vaccine by the end of October before flu season begins however, vaccination can be given any time during the flu season. Flu vaccines have been used for more than 50 years in the United States. The composition of U.S. flu vaccines is reviewed annually, and changes for most seasons.

Trivalent flu vaccines protect against three different influenza viruses. Trivalent flu vaccines in the United States will include vaccine viruses or viral proteins from one influenza A(H1N1) virus, one influenza A(H3N2) virus, and one influenza B/Victoria lineage virus.

The updated COVID-19 vaccines more closely target the XBB lineage of the Omicron variant and could restore protection against severe COVID-19 that may have decreased over time. CDC anticipates the updated vaccines will be more effective at fighting currently circulating variants. A prior infection with suspected or confirmed COVID-19 or flu does not protect you from future infections.

Vaccines are covered whole or in part by most insurance companies. Be sure to bring your insurance card with you. For those under 18 or unable to attend a drive-thru clinic, contact your local Southern 7 Public Health Clinic to make an appointment. For more information call S7HD at 618-634-2297, download the Southern 7 App or visit www.southern7.org.

Follow Southern 7 on the Southern 7 App, Facebook, Instagram, Twitter, YouTube, and at www.southern7.org