

NEWS RELEASE

For Immediate Release

For information contact: Shawnna Rhine, Community Outreach Coordinator/Public Information Officer

Southern 7 Health Department & Head Start

Phone: 618-626-2355 or 618-634-2297 ext. 971161 Cell: 618-614-9223 Email: srhine@s7hd.org

Release presented in partnership by Massac Memorial Hospital, Deaconess Illinois Union County Hospital, Hardin County General Hospital, Rural Health, Inc., CHESI (Community Health & Emergency Services), Southern 7 Health Department, Aetna Better Health® of Illinois, and the Hope Light Foundation

(8/28/25) Cancer Warriors Walk for Hope "Community Health Resource Fair" Coming to Metropolis this October (A Free Community Event for All Ages)

The annual Cancer Warriors Walk for Hope (CWWH) "Community Health Resource Fair" will be held October 4 from 10:00 AM to 1:00 PM at the Dorothy Miller Park in Metropolis, Illinois. This family event will feature regional healthcare providers and local businesses sharing free information on cancer screenings, cardiovascular health, behavioral health, and other vital health services.

Visitors can also experience a walk-thru of a 20-foot inflatable colon and a 15-foot inflatable lung, bounce houses, games and activities, touring emergency response vehicles, and much more. Free car seat checks will be provided by The Little Resource Center in Carbondale. Pre-registration for car seat checks is requested by visiting https://calendly.com/k2academy/car-seat-check-metropolis-il.

Admission to the "Community Health Resource Fair" is free for all ages. The first 100 visitors to attend will receive a free, lunch coupon compliments of Aetna Better Health® of Illinois and Big John's Super Store in Metropolis.

Booths and activities begin at 10:00 AM following the opening community ceremony at the Metropolis Lighthouse at the park at 9:30 AM. Guests can also enter for a chance to win raffle items and a 50/50 drawing. All proceeds from the CWWH Community Health Resource Fair support this annual event, and benefit healthcare programs and services throughout the region.

The "Community Health Resource Fair" is presented by members of the CWWH, a Metropolis Hope Light Project: Massac Memorial Hospital, Deaconess Illinois Union County Hospital, Hardin County General Hospital, Rural Health, Inc., CHESI (Community Health & Emergency Services), Southern 7 Health Department, the Hope Light Foundation, and Aetna Better Health® of Illinois.

For more details, or to be a vendor or sponsor of the CWWH "Community Health Resource Fair", visit the Cancer Warriors Walk for Hope Facebook page or contact Shawnna Rhine at Southern 7 Health Department at 618-634-2297 ext. 971161.